

# THE CROWN & SWORD

The Newsletter of the

# SUPREME COUNCIL ORDER of the AMARANTH, Inc.



Honored Lady Dorothy Kippie, Supreme Royal Matron Sir Knight Gerry Milton, Supreme Royal Patron 2019 - 2020

The Crown & Sword is published four times per year by the Supreme Council, Order of the Amaranth, Inc. H.L. Kim May, Editor

We invite you to visit our website: <a href="http://www.amaranth.org">http://www.amaranth.org</a>
This Edition: August, 2020



## SUPREME ROYAL MATRON H.L. Dorothy Kippie

Well here we are experiencing the most horrendous time of our lives and the world, the COVID-19 Pandemic. Who would have thought in today's world of science, medicine, technology, and advancements, we would be facing such devastating illness and death. There are very few if any today, who can answer questions and share the events of the 1918 pandemic and the years that followed. For us, it is a wait and see.

Our lives have been placed on hold since March, forcing everyone to stay at home and isolate from the public to ensure everyone's health and safety. Our daily lives have changed. Many businesses have closed their doors, Jobs have been lost, workers have been furloughed, while others have been asked to work from home. Our ability to socialize in person with our families, friends and organizations have ended. I think we are a long way from seeing the end of COVID. This is a perfect time to reach out to your neighbors and friends in need and help them get through these trying times. Your generous hearts have shown through on many occasions and during better times. This is definitely a time of need. We cannot judge what people are going through. Isolation can be very trying on our mental health, especially for those who are elderly. A simple phone call, a card or a small gift basket can make a difference. Just letting your neighbors and friends know you are there for them. A friendly voice can do wonders. This is the perfect time to show how our Order cares by simple Community Outreach, especially in these times of need. This is a great way to Aim Higher and be the best you can be.

The activities of our beautiful Order came to a halt in mid-March. All of the scheduled remaining visits (18) for the 2019-20 Amaranth year were suspended causing the High Flyers and their officers and committees to remain in place until 2021. These were not easy decisions to make. I too had to make the same decision in May in the suspending of the 123<sup>rd</sup> "Around the World with Amaranth" Session in Portland, Oregon. As we continue into 2020-21, many Grand Courts and SCJs are finding it necessary to suspend their Grand Court sessions or reschedule their Official Visit to 2021. Those meeting in August, September and most all in October have now suspended. All the years of planning seemed to be gone, but this was the right decision for all the courts, Grand Courts and Supreme Council as the members would be safe from contracting this dreaded COVID-19. We all know the safety of our membership is the most important decision. I want to thank all the Grand Courts and the SCJs for all the hard work you have done over the past year. Thank you to the Grand Royal Matrons and the Royal Matrons of the SCJs for keeping your membership in the forefront when making your difficult decisions. You have stepped up and aimed higher to be the best and I commend you for that.

I would like to congratulate all the jurisdictions for their fundraising efforts during 2019-20. Although we lost three months in raising money, we still raised over \$312,000 for Diabetes. No, we did not make our \$500,000 mark but we came close. This is a difficult time to try to advance the work of our Order for Diabetes. We all know the events we have had in the past years is going to be difficult to continue. But it does not mean we cannot do our very best to raise the necessary funds for supporting Diabetes and the research work that will continue in finding the cure. We must not give up our cause. It is time for us to step back and think outside the box on how we move forward in our fundraising efforts. Here are a few

ideas that have had some wonderful results: making face masks (everyone should have one or two that can be washed); virtual auctions; baking specialized treats and taking orders, garage sales by donation for Diabetes, virtual raffles (I have heard several have made quilts and either raffled or auctioned them off). These are only a few ideas. I am sure there are many more out there. They are just a thought away.

Thank you to the Grand Courts and Subordinate Courts who have sent me invitations to join their ZOOM Meetings. We have had a lot of fun. This is a great way to stay connected. It also has helped me get through my travel withdrawal. How long will this last, who knows! But we do know there is always light at the end of the tunnel. Let us all pray that at the end of 2020 the pandemic will come to an end and we will be together again, and we will be able to celebrate all your accomplishments. Meanwhile......

#### Stay Safe and Stay Healthy – We Will Get Through This Together!



## SUPREME ROYAL PATRON S.K. Gerry Milton

Well, as I am preparing for the next issue of the Crown and Sword, I realized that I returned from the Grand Court of Oregon 118 days ago. This is the longest stretch of time that I have been in Oklahoma in about the last fifteen years. Usually, I am home for approximately two weeks at a time, unless it is for the Christmas season. Fortunately, I have my woodworking to keep me occupied and help me from going completely stir crazy.

I thought that the last issue of the Crown and Sword would have been my final article as Supreme Royal Patron. But, with Supreme Council being postponed until July 2021, I will continue to submit future articles.

As most of you know, with this ongoing pandemic, things are not returning any time soon to the ways we were used to. Grand Courts are continuing to postpone their annual sessions due to CDC, government and Masonic guidelines. As a result, I will not be attending any jurisdictions during this first quarter of my extended term of office. Hopefully, Grand Courts can resume as early as November. Let us hope.

I do look forward to visiting with Amaranth members. I have missed not being able to visit with them these last few months. May all of you watch your social distancing and stay safe.

Remember, a hug is the perfect gift; no one minds if you exchange it. Maybe soon we can skip the virtual hugs and go for the real, personal ones.



# SUPREME ASSOCIATE MATRON H.L. Mary Wyatt

Summer is here but the fall is looking dreary. I miss seeing everyone.

My prayers are with each Grand Court and its members hoping that they stay well and continue to have contact of some kind with their members.

As we continue, I hope for everyone good health and safe travels when the time is right. Be careful and thoughtful as you go through your everyday life. I hope to see you on the Amaranth Trail.

May God watch over you, until we meet again.

THE WAY

Serenity Dove Memories Supreme Council 2019



Front row: Stephanie White, Patti Nielson, Mary Wyatt, George Kuhns, Betty Miller, Sarah Sels. Second row: Victoria Ault, Beverly Klenke, Hillary Cohan, Barbara Conkling, Karen Budak, Jean McCall, Connie Smith, Shari Gillies, Larry Dobbins, Lynda Dobbins, Sherry Whidden, Christine Cross, Lois Zerby, Karl Forsberg, Becky Eagleson. Next row: David Holton, Dick Varner, Philis Vivarais, Mel Fossell, Cecil Swank, John Stinchcomb, Sandy Grogan-Sills, Brandi Long, Jay Bratcher, Thomas Wilms, Stefanie Melton. At Supreme not pictured: Susan McKinney, Betsy Edwards, Tina Qualey, Steve Qualey, Paulette Powell, James Powell, Ridge Smith

#### Supreme Council 2018



Back row: Susan McKinney, Patti Nielsen, Beverly Klenke, Heather Hughes, Christina Qualey, Jennifer Nielsen, Lois Zerby, Sarah Sels, Brandi Long, Front Row: Betty Miller, Jean McCall, Mary Wyatt, Christine Cross, Stephanie White

#### Supreme Council 2017



Starting in the front: Christine Cross, Mary Wyatt, Jean McCall, Becky Eagleson, Barbara Conkling, Patricia White, Betty Miller, Tina Qualey, Karen Budak, Beverly Klenke, Patty Nielsen, Judy Brod, Brandi Long, Stephanie White



## SUPREME ASSOCIATE PATRON S.K. George Kuhns

As I sit down and write this article, I think of how life has changed for my Amaranth family in the last 4 months. It makes one reflect on how lucky we are to have our health as we hear of so many in this country that are suffering due to the Covid-19 pandemic. I pray that all of those affect by the virus can recover and that we can get back to a life that is not too far from the normal that we once knew.

With the spread of the Covid-19 pandemic I have not been able to travel since I wrote my last article. As everyone knows by now Supreme Council has been suspended and all of the officers will remain in place until July 2021. While we are all disappointed that this was necessary, the safety of our members must be paramount. As I am looking forward to getting back to my traveling as Supreme Associate Patron it is still uncertain as to when that might happen. But we must be patient until we return to some sense of normalcy in our lives. Until then, may God bless each one of you and watch over you until we meet again.



# SUPREME CONDUCTRESS H.L. Stella Joyner

Hello to all! The days have become weeks and the weeks have become months since we could be together. I know the time will come when we can see each other face to face and hug to hug. I, like all of you, miss the good times we have shared but the memories we made keep my hopes alive. Our prayers for our Amaranth future and God's grace will return all of us to unforeseen success in every endeavor. Like the old saying, "absence makes the heart grow fonder" and what a great reunion day we have coming.

Even though not much activity is happening in my world, I have used my down time to make some plans that, at the right time, I can reveal to you and I hope will not only make us stronger but increase membership.

More and more we should direct our attention to the needs of others. My heart breaks for our upper line officers. All their plans have to be rescheduled and this takes time and energy. I ask every Amaranth member to keep them on your prayer list. We owe them respect and understanding as they strive, in the midst of a pandemic, to keep our beloved Order of the Amaranth, Inc. functioning as good as it can get. Another group we have to keep in mind is our hard-working committee of Supreme Trustees. They are dealing with situations that have never before been a reality. Let's ask God to lead them in their

deliberations that when we come out of this nightmare, we can be even stronger, and our good work continues forever.

Keystones, I love all of you. I know I can count on you to keep the faith because you are a club of strong leaders. I have faith in your ability to lead us through and to greatness as the years will prove. I included our gentleman also that have already joined us. God will be with us in that next meeting of the Keystones because we want Him there. We know that from Him comes all our strength.

I encourage you, and we need to make it a motto of the club, to encourage just one other person each day as we continue to stay safe and well.



### SUPREME ASSOCIATE CONDUCTRESS H.L. Susan Patchin

Hello Everyone. This seems very strange to be writing this article in the time frame when we would have been spending each other at the Supreme Council session. ZOOM is our new way of seeing each other and it seems to work well but it still lacks the joy of being together. I have been trying to be extremely good during the lockdown. I did not leave my house for over a month. Thank goodness I was raised by a family who had been through the depression and war years, and they taught me well. I have had some wonderful notes from some of the Timekeepers, that you to each one of you. I hope to try to get a time to ZOOM with the group shortly. May prayers are with all of you for good health during this chaotic time in our lives. Keep faith in our Lord and he will see us through, he always does.

#### Supporting Research – Sharing Impact with the World The American Diabetes Association celebrates a Virtual 80<sup>th</sup> Scientific Sessions

At the American Diabetes Association® (ADA) research is in our DNA and it is our foundation. The coronavirus pandemic didn't stop the world's largest scientific meeting focused on diabetes research, prevention and care, from taking place. Instead, the ADA transformed the conference into a virtual experience which was held on June 12-16, 2020. Leading physicians, scientists and health care professionals unveiled cutting-edge research, treatment recommendations and recent advances toward a cure for diabetes.

The conference attracted over 12,000 attendees from around the world who were captivated by the 200 sessions with over 800 presentations they experienced. Our work and the engagement of others does not happen without the support of passionate and caring people. We are so thankful to the Amaranth Diabetes Foundation for your commitment to research to find a cure for people living with diabetes.

Here are a few of the highlights from this year's gathering of researchers from around the world. Researchers are looking for ways to reverse beta-cell failure and create pathway to 'disease-modifying interventions' for type 2 diabetes. Domenico Accili, MD, delivered "a message of hope" for the future of type 2 diabetes treatment. "From what we've learned, we think that we can reverse beta-cell failure in a mechanistic manner. This should lead to truly disease-modifying interventions for patients with type 2 diabetes," he said.



Behavioral sciences are the catalyst to make diabetes treatments work, according to ADA President, Health Care & Education Behavior is the heart of every diabetes intervention, according to Mary de Groot, PhD, HSPP, ADA President, Health Care & Education. "As I share with my patients, medications only work if we take them internally. Devices only work if we use them. The time has come to recognize and celebrate the foundational role that behavior plays in all aspects of diabetes," Dr. de Groot said.

Robert H. Eckel, MD, ADA President, Medicine & Science, worked with a colleague to design a training program for a new medical subspecialty to address the growing prevalence of obesity, metabolic syndrome, and type 2 diabetes. The program draws on components of preventive cardiology, metabolic aspects of endocrinology, hepatology, nephrology, and lifestyle and obesity medicine.



For additional research highlights from the groundbreaking science presented during the American Diabetes Association's virtual 80th Scientific Sessions visit the meeting's official online news source, ADAMeetingNews.org.

# AMARANTH DIABETES FOUNDATION BOARD OF DIRECTORS H.L. CHARLENE TUCKER, President

Even though we did not come together in July for our Supreme Council Assembly in Portland, Oregon, we have much to **CELEBRATE!** The ADF Board of Directors held its annual business meeting virtually on July 3<sup>rd</sup>. It was a great opportunity to check in with each other and then conduct the business for the year.

It is with much excitement that I announce that the donation for this year to the American Diabetes Research Association is \$312,234.24. This dollar amount represents the dedication and hard work of each member of the Order of the Amaranth. I thank and congratulate you as we continue to show that we are all working together to continue our support for the researchers to find a cure for diabetes.

CONGRATULATIONS to two Grand Courts for reaching Milestones during the 2019-2020 year. The Grand Court of California reached 500K (total \$507,038.00) and the Grand Court of Illinois reached the 250K (total \$250,502.53). In addition, the top five Grand Courts were: Georgia \$38,026.86, Pennsylvania \$37,377.91, Oregon \$21,525.64, Virginia \$17,534.45 and California \$16,679.00. A detailed breakdown of contributions received is included in this article.

Our International Court and Grand Courts contribute to their national diabetes agencies in Canada, Australia and Scotland. Those agencies are: Diabetes Canada, Diabetes Australia and Diabetes Scotland, UK.

In the Philippines, the members set up clinics in their communities and test everyone who comes. If an individual's blood sugar is high, he or she receives information on diabetes and additional testing. Then if necessary, they are provided medication and referred to go to a local doctor. The Grand Court raises the money to provide all the supplies as well as the medications provided. Before many of you get too concerned, the members dispensing the medications are medical doctors and members of our Order. These free clinics and the community outreach are probably a large part of the reason that the Grand Court of the Philippines is the largest in our order and continues to grow, instituting new Courts every year.

The 2020-2021 brochure has been printed and is available. The brochure highlights the three research projects that will be funded. Dr. Laura Alonso from the University of Massachusetts research on Regenerating Beta Cells to Treat and Prevent Diabetes funded through 2020, Dr. Tracey McLaughlin from Stanford University research on Determining How Gastric Bypass Surgery Reverses Type 2 Diabetes funded through July 2022, and Dr. Greg Morton from the University of Washington research on Defining the Role of the Brain and Glucose Levels funded through December 2021. If you would like to request a supply of brochures, please call 1-800-342-2383.

The Board of Directors will remain in their current positions until 2021. Each member is dedicated to assist in any way we are needed. This will be the year that we need to think "outside the box" when fundraising. I have heard of virtual garage sales, wine and cheese parties, and tea gatherings.

As we look forward to starting a new year, we are all faced with challenges. My wish for each of you is to stay safe, spend time with family and friends when possible, and know that we will get through this together, even though we are apart. As I have traveled around to Grand Courts, I have ended my remarks with this statement; "In this life we cannot always do great things, but we can do small things with great love".

# AMARANTH DIABETES FOUNDATION SECRETARY'S REPORT HL SALLY A. ACUFF, DSRM

The following is an accounting of the contributions received for the Amaranth Diabetes Philanthropic Project for the Amaranth year June 2019 to June 2020.

Top five U.S. Grand Courts giving the highest dollar amounts are:

Georgia	\$38,026.86
Pennsylvania	\$37,377.91
Oregon	\$21,525.64
Virginia	\$17,534.45
California	\$16,679.00

Top two U.S. Courts under Supreme Council Jurisdiction giving the highest dollar amounts are:

Bluebonnet Ct# 3-TX \$3,145.80 Royal Ct #5-WV \$2,030.80

Top five U.S. Grand Courts giving the highest per member donations are:

 Georgia
 \$108.65

 Iowa
 \$92.42

 Tennessee
 \$79.09

 South Carolina
 \$68.44

 Wisconsin
 \$60.06

Top two U.S. Courts under Supreme Council Jurisdiction giving the highest per member donations are:

Bluebonnet Ct#3-TX \$ 95.33 Royal Ct #5-WV \$ 61.54

Top two International Grand Courts and Courts under Supreme Council Jurisdiction for their contributions to their respective Diabetes Associations are (in U.S. dollars):

Highest dollar amounts:

Ontario \$ 3,100.00
British Columbia \$ 685.00
Highest per member amount:
Ontario \$ 25.00
British Columbia \$ 11.23

In addition to the above, the following Grand Courts and Subordinate Courts under Supreme Council Jurisdiction gave donations above \$10.00 per member:

Julibuletion gave at	mations acc	ve \$10.00 per member.			
Virginia	\$56.75	Colorado	\$55.19	Louisiana	\$55.07
Alaska	\$51.55	New Mexico	\$50.95	Illinois	\$48.39
Alabama	\$46.56	Silver State Ct#2-NV	\$46.53	West Virginia Ct#1-WV	\$35.71
Minnesota	\$33.72	Idaho	\$31.29	North Carolina	\$29.69
Pennsylvania	\$28.86	Oregon	\$27.39	California	\$27.03
Ontario	\$25.00	Arizona	\$22.88	Florida	\$22.18
New York	\$20.86	Madison Ct#11-MI	\$20.10	Washington	\$18.57
New Jersey	\$14.51	Ohio	\$13.66	Connecticut	\$12.12
British Columbia	\$11.23	Oklahoma	\$10.87		

Each member is to be congratulated on the funds raised. Thank you very much. It has been my pleasure and honor to serve as Secretary for the Amaranth Diabetes Foundation Board of Directors.

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	General Fund	Fund Bequests		-W Trust Fund	Т	shirts+\$		Total \$	Members (12/31/2019)		onation Member
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Alabama	\$ 6,710.00 \$ 4,175.00		\$ \$	-	\$	52.00	\$	6,844.00	147 82	\$	46.56 51.55
Alaska	-		+ -	-	\$	400.00	\$	4,227.00	236	\$	22.88
<u>Arizona</u>	\$ 5,000.00 \$ -		\$	-	\$	51.00	\$	5,400.00	89	\$	0.57
Arkansas British Columbia	\$ 670.00		\$	-	\$	15.00	\$	51.00 685.00	61	\$	11.23
British Columbia			1		Ė		H			Ė	
<u>California</u>	\$ 16,474.00		\$	-	\$	205.00 978.00	\$	16,679.00	617 263	\$	27.03 55.19
<u>Colorado</u>	\$ 13,537.04		\$	400.00	·		,	14,515.04		_	
Connecticut	\$ 1,775.00		\$	169.00	\$	80.00 421.00	\$	2,024.00	167	\$	12.12 22.18
<u>Florida</u>	\$ 13,416.27		\$	-	\$		Ė	13,837.27	624		
<u>Georgia</u>	\$ 37,927.86		\$	-	\$	99.00	\$	38,026.86	350	\$	108.65
<u>ldaho</u>	\$ 4,100.00		\$	-	\$	174.00	\$	4,274.00	137	\$	31.20
Illinois	\$ 7,525.00		\$	-	\$	653.00	\$	8,178.00	169	\$	48.39
<u>Indiana</u>	\$ 2,295.25		\$	-	\$	785.00	\$	3,080.25	314	\$	9.81
lowa	\$ 7,791.08		\$	-	\$	342.00	\$	8,133.08	88	\$	92.42
Kentucky	\$ 1,193.75		\$	-	\$	-	\$	1,193.75	156	\$	7.65
<u>Louisiana</u>	\$ 3,716.00		\$	-	\$	194.00	\$	3,910.00	71	\$	55.07
<u>Massachusetts</u>	\$ 1,025.00		\$	-	\$	81.00	\$	1,106.00	195	\$	5.67
<u>Minnesota</u>	\$ 1,300.00		\$	-	\$	15.00	\$	1,315.00	39	\$	33.72
<u>Missouri</u>	\$ 1,857.46		\$	-	\$	536.00	\$	2,393.46	249	\$	9.61
New Jersey	\$ 2,292.63		\$	275.00	\$	74.00	\$	2,641.63	182	\$	14.51
New Mexico	\$ 2,838.00		\$	-	\$	15.00	\$	2,853.00	56	\$	50.95
New South Wales	\$ 600.00		\$	-	\$	51.00	\$	651.00	110	\$	5.92
New York	\$ 7,340.55		\$	-	\$	272.00	\$	7,612.55	365	\$	20.86
North Carolina	\$ 7,350.00		\$	-	\$	369.00	\$	7,719.00	260	\$	29.69
<u>Ohio</u>	\$ 5,684.69		\$	-	\$	187.00	\$	5,871.69	430	\$	13.66
<u>Oklahoma</u>	\$ 2,339.48		\$	45.00	\$	398.00	\$	2,782.48	256	\$	10.87
<u>Ontario</u>	\$ 3,100.00		\$	-	\$	-	\$	3,100.00	124	\$	25.00
<u>Oregon</u>	\$ 21,130.64		\$	-	\$	395.00	\$	21,525.64	786	\$	27.39
<u>Pennsylvania</u>	\$ 36,925.91		\$	-	\$	452.00	\$	37,377.91	1295	\$	28.86
<u>Philippines</u>	\$ -		\$	-	\$	44.00	\$	44.00	2353	\$	0.02
<u>Queensland</u>	\$ -		\$	-	\$	-	\$	-	41	\$	-
South Carolina	\$ 12,069.05		\$	-	\$	44.00	\$	12,113.05	177	\$	68.44
<u>Tennessee</u>	\$ 15,603.81		\$	-	\$	213.25	\$	15,817.06	200	\$	79.09
<u>Virginia</u>	\$ 17,519.45		\$	-	\$	15.00	\$	17,534.45	309	\$	56.75
<u>Washington</u>	\$ 15,502.00		\$	-	\$	378.00	\$	15,880.00	855	\$	18.57
Wisconsin	\$ 6,238.50		\$	-	\$	368.00	\$	6,606.50	110	\$	60.06
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	_ ا		Fund	M	LW Trust		<del>-</del>	<b>-</b>	Members	_	ation Per
	G	General Fund	Bequests		Fund		Tshirts+ \$	Total \$	(12/31/2019)	IV	lember
SUBORDINATE COURTS											
Kansas											
Wichita #11	\$	175.00				\$	250.00	\$425.00	59	\$	7.20
Maine											
Pineland #6	\$	239.00		\$	-	\$	44.00	\$ 283.00	50	\$	5.66
Maryland	Ė										
Jos T Ambrose Ct #18				\$	-	\$	-	\$ -	Ct Closed		
Michigan											
Madison Ct #11	\$	725.00		\$	-	\$	140.00	\$ 1,005.00	50	\$	20.10
Nevada											
Silver State Ct #2	\$	1,500.00		\$	-	\$	175.00	\$ 1,675.00	36	\$	46.53
Scotland	Ė	•						•			
St Marks Ct #32	\$	-		\$	-	\$	-	\$ -	50	\$	-
Bon Accord Ct #34	\$	-		\$	-	\$	-	\$ -	Ct Closed		
Texas											
Baytown Ct #1	\$	260.00	\$ -	\$	-	\$	-	\$ 260.00	61	\$	4.26
Bluebonnet Ct #3	\$	3,115.80		\$	-	\$	30.00	\$ 3,145.80	33	\$	95.33
Yellow Rose Ct #4	\$	-		\$	-	\$	-	\$ -	29	\$	-
West Virginia											
West Virginia Ct #1	\$	500.00		\$	-	\$		\$ 500.00	14	\$	35.71
Clarksburg Ct #3	\$	300.00		\$	-	\$		\$ 300.00	57	\$	5.26
Royal Ct #5	\$	2,030.80		\$	-	\$		\$ 2,030.80	33	\$	61.54
Magnolia #7	\$	45.00		\$	-	\$		\$ 45.00	22	\$	2.05
									494		
Total Jurisdictions	\$	295,914.02	\$ -	\$	489.00	\$	9,129.25	\$ 305,532.27	12457		
Clubs	\$	1,682.00		\$	-	\$	(0.000.75)	\$ 1,682.00			
Misc (incl cost of Tshirts+)	\$	6,542.72		Ļ		_	(2,028.55)	\$ 4,514.17			
<u>Interest</u>	\$	5,264.80		\$	1.45	\$		\$ 5,266.25			
Bank Fees-rfd(chg)	\$			\$	-	\$		\$ 			
Total Other	\$	13,489.52		\$	1.45		(2,028.55)	\$ 11,462.42			
GRAND TOTAL	\$	309,403.54	\$ -	\$	490.45	\$	7,100.70	\$ 316,994.69			



#### GRAND COURT OF ALABAMA H.L. Peggy Cox, GRM

Greetings from Alabama Grand Court

Even though we have been unable to meet often, our Grand Court has still been very busy continuing to "Follow the Rainbow to Find a Cure". During April and May we had an online Tupperware Party to keep in touch during the Covid 19 lockdown. We raised over \$500 for the cause. The second annual "Cars for a Cure" Car Show was postponed from March 28th, 2020 until June 27th, 2020 and although it was hot and a little bit humid, our State Fundraiser was a wonderful success. We raised over \$1,000 for Diabetes Research from the Show. PGRM LaVerne Collier also donated a beautiful quilt which raised \$250. H.L. Gaile Ketchersid of Court 1 was the proud recipient of the quilt drawing. RM H.L. Joyce Herndon, Court 1 took first place in the bike class. We were also honored with the presence of Batman and Catwoman and the Batmobile. Also present was a 1906 Handmade horse drawn funeral coach as well as an operational 1926 Firetruck – two of our new petitioners got to have their pictures taken.





We also had a 1967 One owner Pontiac Lemans which took top honors. PGRM H.L. Sarah Roberts and PGRM H.L. LaVerne Collier joined us wearing 'Skittle' name badges made by H.L. Joyce Moore who we see dancing with our GRP S.K. Johnny Mickle to '50s music by DJ Larry Huff before he awarded the trophies. We had some really beautiful and unusual cars this year and we are looking forward to next year's show on March 27<sup>th</sup>, 2021.





We are also very hopeful that we will get to have our 66<sup>th</sup> "Follow your Rainbow" Session at Joe Wheeler State Park in Rogersville, AL on November 12<sup>th</sup>-14<sup>th</sup>, 2020. We would love to have you come and see us in beautiful Alabama and join us for our Route 66 Fun night. Always remember that it takes all of the colors to make the Rainbow complete, just as it takes all of our members to make our Courts complete. Everyone is important.

#### GRAND COURT OF ALASKA H.L. Victoria Ault, PSRM Reporter

Alas, due to the COVID-19 virus, the Grand Court of Alaska has been postponed until September 9-11, 2021. It will still be held at the Lakefront Hotel on beautiful Lake Hood where you can watch the many small planes take off and land.

The Alaska State Fair has been cancelled so Alaska Court 1 will not earn money taking tickets at the Red Gate, a big hit to their Ways and Means. In May the Grand Master lifted his edict to not hold meetings as long as physical distancing and masks were used. That made it possible to meet in May and June. The Grand Royal Matron's Official Visit was moved from April to June. Memorial was held in May with members taking parts as needed. The altar cloth was placed perfectly straight by our protem Ladies of the Square! Visiting California PGRM H.L. Wanda Preuss was a great addition, proteming as needed. She extended her visit to Alaska just so she could attend the meetings of Courts 1 and 2.

H.L. Janette Raley, Truth, did her part and a few days later flew to Seattle for a kidney transplant. She is recovering well. H.L. Janette is legally blind but she attends meetings, memorizes her part and helps in any way she can.

Polaris Court 2 was unable to have a meeting in May due to the COVID-19 virus preventing a quorum. A quorum was just achieved in June for the Grand Royal Matron's Official Visit as DSRP S.K. Johnnie Wallace, a dual member, drove up from Anchorage with his wife H.L. Sandy. Memorial was held. Again, H.L. Wanda was there to protem. Again, the protem Ladies of the Square got Polaris's huge altar cloth on perfectly straight! S.K. Jerry Pinion, PSRP, and Royal Patron of Alaska Court 1, protemed as Royal Patron. As Grand Lecturer he gave some instruction since his earlier Official Visit had been cancelled. Royal Matron H.L. Matty Hadden, drove up from Valdez, an all day drive.

Saturday morning found most everyone at "The Cookie Jar" restaurant for breakfast before the long

seven hour drives back to Anchorage and Valdez. It has become a tradition to dine there when our members have gotten together in Fairbanks. S.K. Jerry stopped at Santa Claus House in North Pole. None of us sat on Santa's lap. Having to wear masks just made it not as inviting.

#### GRAND COURT OF GEORGIA H.L. Delaine Hughes, DSRM Reporter

Georgia is continuing to stay safe, pray hard, plan for our future, mourn the loss of beloved membership, and uplift our families, friends, and communities in this difficult time. We hope each of you are taking this time to rejuvenate your own physical wellness and mental health in whatever method best suits you. You are loved and appreciated. Speaking of appreciation, we just received totals from our previous year from the Diabetes Research Foundation and our Grand Royal Matron, H.L. Carol Bratcher, shared this message along with the following message with us:



Honored Ladies and Sir Knights! Congratulations on this wonderful achievement of your efforts for Diabetes Research in 2019-2020! My heart swells with pride and love as I realize that Georgia, with a membership of 350 people, has finished #1 in both total dollars raised but also in per member! You deserve the rest and relaxation Covid-19 had afforded us all. Please make sure all of your court members receive this message. Again thank you!!

This should encourage each of us to stay strong and strive to continue in our efforts of fundraising for Diabetes Research. We are continuing to move this dreaded disease into extinction.

Stay strong and share your love and kindness with others.

#### GRAND COURT MASSACHUSETTS H.L. Tasha-Lea Williams-Sleight, GRM

Massachusetts Amaranth has continued to be accountable, as our 2019-2020 year continues through next year, because of this global pandemic that has put many of our lives on hold. While we wait to resume our in-person events, we continue to stay active in other ways. Thanks to technology, and those who are more familiar with it helping others who are not, many of our Amaranth members have kept in contact via Zoom meetings, where the shared Amaranth love has continued to encourage all. Members of our state, including the Grand Royal Matron and Grand Royal Patron, attended Grand Assembly for Massachusetts Rainbow – suits, gloves, gowns, and crown...from the safety of our living rooms. Massachusetts Amaranth looks forward to April of next year, 2021, where members will meet for Grand Court, still to be held in Salem, Massachusetts. We hope that all members of this wonderful Order continue to stay in contact with one another despite the tough times that we are all going through.

#### GRAND COURT OF OHIO H.L. Kathy Hubert, DSRM Reporter

#### **HELLO FROM OHIO**

To the Honored Ladies and Sir Knights, Ohio sends a warm hello. We hope everyone is well and staying safe in this time of uncertainty.

Many of our Courts are quiet during the summer months but are working hard to come up with ideas to help raise money for their treasury. As our Supreme Royal Matron stated we will need to think outside the box while following the guidelines to keep all of us safe.

Hopefully it won't be long before we can meet face to face. Until that time comes, know that the Honored Ladies and Sir Knights of Ohio will keep all of our Amaranth family in their thoughts and prayers.

If you are traveling please be safe. Keep your eye on the butterfly and a song in your heart and always "Believe in Amaranth".

#### CROWN AND SWORD EDITOR H.L. Kim May, DSRM

To say that last five months have changed our lives would be an understatement. Our new "normal" is now very different. I hear and read a lot about what we can't do, or what we missed. What I challenge all of you to do is to think about what you CAN do, what positive things have happened, is there something new you can learn or do during this time.

Being socially distant does not mean you have to be disconnected. Technology is a great tool. If you are not sure how to use some technology to keep connected during this time, don't be afraid to ask for help. I am sure there is someone in your family, your friends, or your jurisdiction that is willing to help you. Using Zoom or Facetime is not difficult, and it always helps to see someone's face even if it's on a screen.

Use this time to better yourself. You can always learn a new skill or practice a hobby. Now that you have extra time on your hands, can you use that to help in some way? Can you make blankets, hats, masks, etc and donate to a worthy cause?

Now is the time to focus on the good. Our mindset will help all of us to adjust to the new normal.

My wish for each of you is that you are safe and healthy. Don't forget to reach out to others during this time. When we get back to business please remember to send any newsworthy items, ideas, suggestions, Fundraising or Member Spotlights to me at <a href="mailto:crownandsword@amaranth.org">crownandsword@amaranth.org</a>. This publication can only be informative and successful with your help. I look forward to hearing from you.

#### BE A VOICE NOT AN ECHO!

# SUPREME PRESS COMMITTEE H.L. Bruce Kenney, DSRP, Chair

Well, our Supreme Council Assembly has been cancelled, many Grand Courts and many Courts have gone dark for a while to maintain the health and safety of our membership. We can still get the word of Amaranth out to the public. The best way to do it is to hold some kind of fundraiser for the ADF. Contactless fundraisers can be creative, fun and successful. I tried one here in Olean, NY and it seemed to work. A contactless garage sale where everything is FREE, just ask for voluntary donations to the ADF. Make sure there are plenty of brochures to pass out. Wear your masks and keep your distance. Make sure you send out a press release about your activity to the local newspaper and other media. Remember, every good press release MUST contain the five (5) W's. WHO, WHAT, WHERE, WHEN and WHY. E-mail, fax, snail mail and old fashioned foot power are all acceptable methods of delivery. In addition, put all of your contact information on the bottom of the page. A good way to clean out your attic and cellar. Make sure that all your Court members are involved by donating items. Get your friends and relatives to pitch in by donating items also. The only real labor involved is setting up and tearing down at the end. I did one without advertising, and even though I live in the country, I received well over \$300.00 in donations. Trying it again on 7/18 with advertising and press release and Facebook posts. On a side note, one of the best selling tools we have is the ADF, and I might add, one of the most underused. I gave a brochure to everyone who stopped and said to them, "If you make any donation, this is a brochure from the organization that has donated over \$17,000,000 over the years to fight diabetes". Well over half of the people who I talked to either had diabetes, had a loved one who suffered and/or died from diabetes or knew someone whose family was affected by diabetes. USE THE ADF!!!

#### STAY SAFE AND STAY HEALTHY!!

If anyone wants any assistance in finding the appropriate news outlet or assistance in crafting your press release, please contact any member of the committee:

Bruce E. Kenney at 716-560-5883, everett5150@aol.com Carol Sue Riggle at 540-586-9583, sriggle164@aol.com Joe Graul at 253-322-3571, joegraul@comcast.net Judy Emerson at 608-271-7782, judyem@iname.com Larry White at 971-221-8372, larry.white943@gmail.com



This is the current schedule as of August 1st. Some of the dates listed may have changed by the time you read this. Please check the Supreme Council webpage, Supreme Council Facebook page, or the Grand Court directly for current information.

	Supreme Itinerary						
August 2020							
Suspended until 2021	SAM	Louisiana Grand Court	Denham Springs, LA				
Suspended until 2021							
Suspended until 2021	Las Vegas, NV						
September 2020							
Suspended until 2021	SAM	St. Marks Court	Inverness, Scotland				
Suspended until 2021	SRM	Alaska Grand Court	Anchorage, AK				
Suspended until 2021	SRM	Idaho Grand Court	Boise, ID				
		October 2020					
Suspended until 2021	SAM	Iowa Grand Court	Des Moines, IA				
Suspended until 2021	SRM	Wisconsin Grand Court	Wisconsin Dells, WI				
Suspended until 2021	SAM	Illinois Grand Court	Effingham, IL				
October 24	SRM	Pineland Court	Auburn, ME				
Suspended until 2021 SRM North Carolina Grand Court Clemmons, NC							
		November 2020					
November 6	SRM	West Virginia Court	Clarksburg, WV				
Suspended until 2021	SAM	New Mexico Grand Court	Albuquerque, NM				
November 12-14	SRM	Alabama Grand Court	Rogersville, AL				
November 19-21	SAM	Minnesota Grand Court	Bloomington, MN				
Suspended until 2021	SAM	<b>New South Wales Grand Court</b>	NSW, Australia				
		December 2020					
December 9	SRM	Baytown Court	Channelview, TX				
December 11	SRM	Blue Bonnet Court	Richland Hills, TX				
December 12	SRM	Yellow Rose Court	Cleburne, TX				
February 2021							
February 18-20	SRM	California Grand Court	Visalia, CA				
February 18-20	SAM	Virginia Grand Court	Virginia Beach, VA				
February 20-23		North American Conference of Grand Masters	Seattle, WA				
February 25-27	SAM	Colorado Grand Court	Denver, CO				
February 25-27	SRM	South Carolina Grand Court	Myrtle Beach, SC				

March 2021						
March 4-6	SRM	British Columbia Grand Court	Abbotsford, BC			
March 11-13	March 11-13 SRM Oregon Grand Court					
March 17-20	Yakima, WA					
March 17-20 SAC Kentucky Grand Court Louisville, KY						
March 18-20 SAM Georgia Grand Court Peachtree Co						
March 25-27	SRM	Connecticut Grand Court	Hartford, CT			
		April 2021				
April 1	SRM	Michigan Court	Alma, MI			
April 3	SRM	Wichita Court	Wichita, KS			
April 8-10	SRM	Missouri Grand Court	Springfield, MO			
April 17-20	SRM	Pennsylvania Grand Court	Harrisburg, PA			
April 22-24	SRM	Massachusetts Grand Court	Salem, MA			
<b>April 22-24</b>	SC	Arkansas Grand Court	North Little Rock, AR			
April 29-May 1	SRM	Tennessee Grand Court	Gatlinburg, TN			
		May 2021				
May 2-4	SAM	Philippines Grand Court	Palawan Philippines			
May 6-8	SRM	New Jersey Grand Court	Mt. Laurel, NJ			
May 13-15	SAC	Arizona Grand Court	Phoenix, AZ			
May 13-15	SC	New York Grand Court	Syracuse, NY			
May 13-15	SRM	Oklahoma Grand Court	Oklahoma City, OK			
May 20-22	SRM	Florida Grand Court	Tampa, FL			
May 20-22	SC	Ohio Grand Court	Zanesville, OH			
May 28-29	SRM	Ontario Grand Court	Burlington, ONT			
May 28-29	SAM	<b>Queensland Grand Court</b>	Queensland Australia			
June 2021						
June 3-5	SRM	Indiana Grand Court	Nashville, IN			
July 2021						
July 4-9	12	23 <sup>rd</sup> Supreme Council Assembly	Portland OR			

KEY		
Supreme Royal Matron	SRM	H.L. Dorothy Kippie
Supreme Associate Matron	SAM	H.L. Marry Wyatt
Supreme Conductress	SC	H.L. Stella Joyner
Supreme Associate Conductress	SAC	H.L. Susan Patchin

#### Guidelines for Submitting Articles to The Crown & Sword

- **ARTICLES** may be submitted on paper by mail, or via email, to the EDITOR. All copy should be typewritten and single spaced on 8 ½ x 11 ½ "white paper. The name, address, and title of the Authorized Representative doing the submitting must be included. Please use only a single space between sentences and a single line space between lines. **Articles should be a maximum of 300 words per Jurisdiction.** The editor has the authority to edit the article to conform to size requirements.
- § DATES: Articles should be timely with reference to the publication date. All articles must be submitted by or through the Authorized Representative of your Jurisdiction. Articles MUST be received by the Editor by the 10th of the months of JANUARY, APRIL, JULY, and OCTOBER. This deadline will be complied with firmly. Please do not include Grand Royal Matron's detailed itineraries, names of members who are or have been ill or have died. DO NOT send any articles for publication in the Crown and Sword to the Supreme Secretary. The Supreme Publication Committee gives the Editor the right to fill unused, available space.
- **§ PHOTOGRAPHS** are encouraged and can be either color or black and white. However, **people and situations MUST be identified.** Emailed photographs should be in .jpg format and sent as separate files, i.e., attachments, not as part of the message.
- § ADDRESSES: Your address label carries the MONTH and YEAR that your subscription expires. You should renew your subscription before the expiration date is reached to avoid missing any issues of the Crown and Sword. This can be done either through your Authorized Representative who was appointed by your Grand Royal Matron, or directly with the Supreme Secretary. Send all address and subscription information directly to the Supreme Secretary whose address is given below. DO NOT send subscription requests or changes of address to the Editor. Please send email articles to: crownandsword@amaranth.org. The Editor will get them from there.
- **SEADLINE** for articles for the next issue is **October 10, 2020!**

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AMARANTH FIGHTS DIABETES

We invite you to visit our web page, <a href="http://www.amaranth.org">http://www.amaranth.org</a> "Order of the Amaranth" MEMBER:

#### The Crown and Sword Newsletter Publication Data.

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