



THE CROWN & SWORD

The Newsletter of the
SUPREME COUNCIL
ORDER of the AMARANTH, Inc.



Honored Lady Mary Wyatt, Supreme Royal Matron
Sir Knight George Kuhns, Supreme Royal Patron
2021 - 2022

The Crown & Sword is published four times per year by the Supreme Council, Order of the Amaranth, Inc.

H.L. Kim May, Editor

We invite you to visit our website: <http://www.amaranth.org>

This Edition: **May, 2022**



SUPREME ROYAL MATRON H.L. Mary Wyatt

This Spring the Grand Court schedule got back into swing.

I started in Florida at the GRP's, S.K. John Stinchcomb's, homecoming. It is always great to be with the Florida members. S.K. John had a nice homecoming that was attended by many. Then on to Virginia Grand Court, Colorado Grand Court, South Carolina Grand Court, Oregon Grand Court, Washington Grand Court, Connecticut Grand Court, and Kentucky Grand Court. It was a whirlwind, but so nice to be with the membership. The Serenity Doves on the Throne have done a fantastic job. It just reminds one what a special group these women and men are and what they are contributing to the Order. I am honored to be serving with them.

This year we continue to make dreams come true as we travel to the various Grand Courts which was something we were not able to do for a year. Walt Disney said, "All our dreams can come true if we have the courage to pursue them." Continue to pursue your dreams and I will see you on the Amaranth trail. I look forward to seeing everyone in Tulsa in July. Please remain safe and be careful.

God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference.

Serenity Dove



Colorado Grand Court



Victoria Ault, Patti Nielson, Brandi Long, Mary Wyatt, Jim Miles, Dick Varner

South Carolina Grand Court



Lynda Dobbins, Victoria Ault, Mary Wyatt, Jean McCall, Cecil Swank, George Kuhns, Del Militaire, Larry Dobbins

Oregon Grand Court



Victoria Ault, Patti Nielsen, Linda Elliott, Mary Wyatt, George Kuhns, Del Militaire, Dick Varner

Washington Grand Court



Victoria Ault, Patti Nielsen, Heather Hughes, Mary Wyatt, Del Militaire, Dick Varner

Connecticut Grand Court



Barbara Conkling, Tina Qualey, Mary Wyatt, Judy Brod, Fred Greenwood, Dana Greenwood

Kentucky Grand Court



Lynda Dobbins, Mary Wyatt, Betsy Edwards, Larry Dobbins, Bedford Crenshaw



SUPREME ROYAL PATRON S.K. George Kuhns

It is great to be back on the road in 2022 and attendance has been great everywhere we went. Since my last news article, I have attended the Grand Courts of Virginia, California, South Carolina, Oregon, Georgia, Tennessee, and Missouri. Now that many of the mask mandates have been dropped it is great to see everyone's smiling faces again and enjoy all of the hugs. Our Supreme Royal Matron wanted to split up this year when there was conflict between Grand Jurisdictions. So, I visited Georgia, Tennessee, and Missouri while she was at Washington, Connecticut, and Kentucky. In the months leading up to Supreme Council I plan to attend the Grand Courts of Massachusetts, Pennsylvania, New Jersey, Oklahoma, Florida, and Indiana. Our Doves (2021 -2022 Grand Royal Matrons and Patrons) are slowly leaving office and they have written their pages in the history books of Amaranth. I wish them the best and look forward to what they will bring to Amaranth for many years to come.

July and Supreme Council is right around the corner, and it is hard to believe that my year as your Supreme Royal Patron will be soon coming to an end. It has been a great year, and I have enjoyed traveling and visiting with the members. The membership has been very courteous to me, and I appreciate the hospitality that you have given me. Unfortunately, I was not able to attend the Grand Courts due to conflicts with other Grand Courts. Also, I have not been able to visit the international jurisdictions due to Covid travel restrictions or other conflicts. But I hope I will be able to be with you sometime in the future.

Stay safe and I hope to see many of you at Supreme Council. Until then, may God bless each one of you and watch over you until we meet again.

Doves at Georgia Grand Court



Left to Right – Tim Sibley (LA), Kristin Sibley (LA), George Kuhns (FL), Mel Fossell (MO), Christine Cross (CA) and John Stinchcomb (FL)

Doves at Tennessee Grand Court

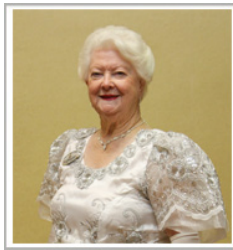


Left to Right – John Stinchcomb (FL), George Kuhns (FL), Gordon Ford (TN), Anna White-Ford (TN), Michael "Doc" Stoner (IN), Susan McKinney (IL) and Miranda Peruso (PA)

Doves at Missouri Grand Court



Left to Right – Patricia White (NM), Stephine White (OK), Karen Budak (MO), Mel Fossell (MO), George Kuhns, Michael “Doc” Stoner (IN), Sarah Sels (IA), Susan McKinney (IL)



SUPREME ASSOCIATE MATRON H.L. Stella Joyner

I leave Springfield, Missouri not on a beautiful spring day but on a cold gray day, with small flurries of snow as I head home in Savannah, Georgia. I tested positive for COVID yesterday afternoon and the safe thing for me to do is to distance myself from the people I care for so much.

Many of you have heard me speak of the things COVID has taught us. It has made me more aware of how much we care for each other and how we miss each other when we can't meet together safely. That is the good thing we can say about COVID.

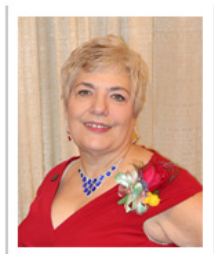
I have been so blessed to have missed that virus for so long. As much as we are all privilege to travel and meet together now, I say a thank you prayer. I have not been really ill. I hope I am not responsible for exposing anyone. If so I am truly sorry.

This too will pass. I am looking forward to exciting times ahead. It is a joy that is beyond description each time I see our Keystones advance to the Grand Throne. I am truly impressed with the different ideas you Grand Royal Matrons and Grand Royal Patrons decided to use. Your leadership abilities are excellent, and I know many will be among the future leaders of our Supreme Council.

As you accept these high honors in your jurisdictions and embark on your journey, do it with grace and charm. Make the goal for your term in office to be for the good of the Order. Set your sights on higher goals. Be examples that others will be happy to follow by accepting your guidance. Watch the words you

Speak and the actions you take with others. Ladies, please remember that after your glorious year in office, you want it to be said of you, "She walketh among us as a queen" and the attributes of royal womanhood still shine as bright when you wore the crown.

Always keep in mind that we were elected to SERVE, not elected to be served. Good luck in all your official duties. Begin and end each one with a smile. Encourage everyone to light just one little candle to see what a great Amaranth world this will be.



SUPREME CONDUCTRESS

H.L. Susan Patchin

Hello again to everyone. My how fast the time has flown since we have been able to meet again. It boggles my mind at the speed we are going now. Only 14 weeks until Supreme Council in Tulsa. There are loads of Grand Courts yet to happen so I am sure our Amaranth trail will be filled with fun and friends. As we move forward, we all need to look at our organization through a new lens. The old adage of "we've never done that before" and "we've always done it that way" need to be packed away with great granny's old quilt. Tune in to channel WIIFM, or "what's in it for me", as a way to draw in new younger members. See what they are looking for and how they want to help others. Check out what some of the churches that are growing have done to get people excited to do good works. Until I see you again, stay safe and healthy.



SUPREME ASSOCIATE CONDUCTRESS

H.L. Elizabeth "Bizzy" Herbolsheimer

Happy Spring!

It's hard to believe that this is my last article as Supreme Associate Conductress. Where did the time go? I have loved travelling along the Amaranth Trail meeting new people and connecting with many friends. It has been wonderful to meet the Heralds as they progress from Grand Associate Conductress to Grand Conductress, and it is incredible to think that within a few short months we will be adding the Sir Knights (Guardians) to our group.

We are still working on opening Courts in Montana. Yes- you did see an "S" on the end of court. We are looking at starting 2 Courts in Montana: one in the Billings area and one in the Great Falls area. If anyone

knows of members living in that area who might want to help in organizing the Courts or being member there, please reach out to me. We'd love to get them involved and help spread the word of Amaranth. Occasionally the stars will align perfectly, and a special occurrence happens. I was very lucky while representing in Georgia. My sister Meredith, Grand Royal Matron of North Carolina, was able to come and she got to sit next to me as I represented. It was so fun! Amaranth is truly a family, and it was great to have my family with me.

Amaranth is such a special organization that is filled with friends and family. To keep this organization thriving in the future, we must have a plan. Where do we want to see this Order in 5 years? In 10 years? Once we have planned the work, we must work the plan to continue the progress to our goal. My goals are to increase membership and increase the knowledge of our Order within the Masonic Family and the general public. I hope you will join me so that we can reach these goals.

I look forward to seeing everyone along the Amaranth Trail and in Tulsa for Supreme!



Meredith and I at the Grand Court of Georgia



Heralds in Virginia (Amy- PA, Cheri- WI, Me, Andrea- VA)



Heralds in California (Cindi- CA, Me, K-Lee- OR)



Heralds in South Carolina (Amanda -SC, Me, Janet-GA)



Heralds in Oregon (Carol- AK, Me, K-Lee- OR, Missing Susan B- ID)



Heralds in Georgia (Amanda – SC, Me, Janet-GA)



Heralds in Tennessee (Cheri- WI, Amanda- SC, Me, Kelly- TN, Janet- GA)



Heralds in Missouri (Judy- MO, Me)

AMERICAN DIABETES ASSOCIATION

Susan Dishart

Planned Giving Officer

A message of thanks from the American Diabetes Association

Having just celebrated the 100th anniversary of the discovery of insulin, we are all reminded of the critical role of research in improving the lives of people affected by diabetes.”

—Robert A. Gabbay, MD, PhD, Chief Science and Medical Officer

For over forty years, the American Diabetes Association® (ADA) and the Amaranth Diabetes Foundation, Inc. have provided critical funding to support innovative research that advances treatment and improves the lives of people with diabetes. **Your support and work to raise funds for this partnership is so appreciated.** As the ecosystem of diabetes continues to grow, the ADA remains committed to funding research, as well as identifying and nurturing the next generation of scientists. Robert A. Gabbay, MD, PhD, Chief Science and Medical Officer says the ADA’s ability to fund research quickly has been especially valuable throughout the pandemic. Dr. Gabbay says, “In our most recent research report, you will see how there are several important discoveries and ideas that have come from recent grantees that reinforce the benefits of targeted research.” Research conducted by stem cell biologist Shuibing Chen, PhD discovered that the COVID-19 virus could attack the pancreas and damage insulin-producing cells, which then increases the rates of diabetes diagnoses. Looking ahead to 2022, the ADA will fund three more targeted areas of research, including the role of nutrition and behavior change to prevent diabetes. With more and more people developing diabetes, one of the enduring goals for the ADA is opening new doors of inquiry and bending the curve on the rate of diagnosis. “Another targeted area is an effort that we’ve been leading for several years around precision medicine—identifying the right treatment for the right person at the right time,” says Dr. Gabbay. Historically, diabetes has been defined as two different diseases, type 1 and type 2. A more accurate definition is one that encompasses a variety of subtypes resulting from a variety of causes. Researching digital health technology and leveraging big data to have a better understanding of these differences enables a more precise, individualized treatment plan. In 2022, targeted efforts will include identifying and nurturing the next generation of researchers. This priority

ensures we help build the future pipeline of scientists/investigators, cultivate brilliant minds early, and invest in innovation or support ingenuity. One of these critical programs is the Pathway to Stop Diabetes® initiative, an innovative and revolutionary project, which supports the most promising scientists in the world as they undertake exciting, early-stage research. We remain grateful for your partnership and look forward to working together to stop diabetes and all its burdens.

To view the 2021 ADA Research Report, visit diabetes.org/about-us/reports.

AMARANTH DIABETES FOUNDATION BOARD OF DIRECTORS

H.L. ANNE M. BEATON, ADF Board Member

Helping to Fund Research for Diabetes Beyond Your Lifetime

Let's face it, doing estate planning is not something we think about often, but it is very important and even a small bequest gift can have a big impact. As members of the Order of the Amaranth our designated charity is the Amaranth Diabetes Foundation, Inc. (ADF) which funds cutting edge research projects to improve the lives of those with diabetes. One hundred percent of our funds go to research projects that are chosen by the ADF Board of Directors. One way you can help fund our important work is by leaving a bequest in your personal will or Living Trust, designating the Amaranth Diabetes Foundation Incorporated, as a beneficiary. Your gift can be a specific amount, or a percentage of your estate it can also be funded through real estate, stocks, bonds, and other negotiable instruments. You can also designate the remainder or percentage of your estate be given to the Amaranth Diabetes Foundation after all other bequests in are fulfilled. Please check with an attorney or tax professional for advice to set up the best form of your gift. Please know that the ADF Board takes its responsibility seriously and any funds entrusted to our care will go to the best possible use. Nothing can compare with the wonderful feeling that you will know that your gift will make a true and positive difference in the lives of those with diabetes.

For more information email us at: adf_inc.board@amaranth.org (Please note the underscore _ between adf and inc.)

GRAND COURT OF ALABAMA

H.L. Betty Cox, DSRM

Reporter

Greetings from the four Courts in Alabama. I am happy to report Alabama Court #1 has just completed a 4th Annual "Cars for a Cure" show with over 70 cars registered and a lot of money raised for Diabetes. They are now working on the 5th to be held on March 25, 2023, mark this date on your calendars and look for more details in a later publication. They invite you to attend any of their meetings if in the area.

Time, dates, and locations of all of the Court meetings may be obtained from our Grand Secretary for visiting any of the Courts if you happen to be visiting in the areas.

Shoals Court #16 (way up near the Tennessee border) would welcome all to their meetings since they are in a vacation area with Joe Wheeler State Park being just a few minutes drive away.

Montgomery Court #17 has been busy with welcoming new Members to our Order with several initiations since the beginning of the year. Who knows if you drop in at one of their meetings you just might witness an initiation.

Mobile Court #7 being the home Court of the Grand Royal Matron, H.L. Dee Bennett and Grand Royal Patron, S.K. Donald Bedsole they are offering a Great DEAL for those attending the Grand Court Session (and we hope many of you reading this are going to be there) to be held at the Hampton Inn and Suites at 25518 Perdido Beach Blvd., Orange Beach, AL, November 3-6th. For just \$20.00 per ticket or three (3) Tickets for \$50.00 you will be eligible to receive three (3) Free Nights in a Beachside Room PLUS two (2) Free Registration. Drawing for the Winner can be seen on Monday, August 1, at 7 p.m. CDT by going to the Alabama Facebook page Live Group. Be sure you purchase your tickets prior to the drawing from either the Grand Royal Matron or Grand Royal Patron (their information is listed in the Supreme Directory) or you just might see them "popping in" at one of your

meetings or Grand Courts the way these two travel around. LOOKING FORWARD TO SEEING YOU THERE!!!!

GRAND COURT OF ALASKA

H.L. Victoria Ault, PSRM

Reporter

Our Grand Royal Patron, S.K. Jim LeFlore, was honored at the Grand Lodge of Alaska, with two awards: "Honorary Past Master of Valdez Lodge No. 4" and "Lifetime Achievement over Twenty Years". S.K. Jim lives in Fairbanks, but travels to assist in Valdez.

The parents of Polaris Court No. 2's Royal Matron H.L. Matty Hadden, H.L. Elizabeth and S.K. Tom Nava, flew up from California to attend Grand Lodge. They belong to Polaris No. 2 in Fairbanks and serve as officers when present.

Alaska Court No. 1 was able to salvage aluminum cans at Grand Lodge. The LOS ladies hosting the Hospitality Room in the hotel at Grand Lodge were able to save aluminum cans, even dipping into the trash cans when the "Place Aluminum Cans **HERE**" sign was ignored. H.L. Victoria was seen scavenging in trash cans outside the Lodge Room and meal rooms for aluminum cans.

Polaris No. 2 had been making chocolate covered cherries since the new year began to be ready for Valentine's Day sales. Sales were brisk.

H.L. Karen LeFlore, GRM and H.L. Leann Folsom, DSRM joined RM Sandy Thompson Wallace, RP Johnnie Wallace, DSRP, H.L. Victoria, PSRM and S.K. Del Militare, PSRP at Oregon Grand Court. H.L. Sandy also attended Colorado Grand Court while S.K. Johnnie was at the North America Conference of Grand Masters. S.K. Johnnie holds many Masonic titles. He is a PMWGM of the Grand Lodge of Alaska and is now RW Grand Secretary of the Grand Lodge.

GRM Karen will make her official visits April 12th and 15th and will participate in initiating new members in both Courts. S.K. Jerry Pinion, PSRP; H.L. Wanda Pinion, PGRM; and H.L. Carol Addison Lippert, PGRM/GC are flying up from the lower 48 to participate in the activities.

Alaska Court No. 1 was saddened at the death of PRM Patricia Rae who had moved to Spokane to live with a son. H.L. Pat was a magnificent cook. Cooking dinners for large groups was as “easy as pie” for H.L. Pat. Other Masonic groups would call on her expertise.

GRAND COURT OF ARIZONA

H.L. Dotty Lou Cox, DSRM

Reporter

It is so hard to believe that another year in Arizona’s Grand Court history is coming to an end as we prepare for our Grand Court “This Is OUR Happy Place” Session, which will be held at the Sheraton Phoenix Crescent Hotel from May 11 – 14, 2022. Our Grand Royal Matron, H.L. Maryalta Cooper and Grand Royal Patron, S.K. Gerry Massey look forward to greeting the Honored Ladies and Sir Knights who are able to come to Arizona for their session. Our time together will begin on May 11th with an evening banquet honoring our Supreme Officers and culminate on May 14th with the installation of our new Grand Royal Matron, H.L. Linda Gillis, and Grand Royal Patron, S.K. David Gillis and their corps of officers.

Following our Grand Court Session, all our Courts will be holding their installations and beginning new terms filled with much excitement and enthusiasm as they begin working and planning for the coming year. H.L. Linda Gillis and S.K. David Gillis will be very busy in the coming year that will culminate in the “Let Your Light Shine” Session which be held from April 27 through April 29, 2023, at the Double Tree Hotel at Reid Park in Tucson.

GRAND COURT OF CALIFORNIA

H.L. Dorcas Auger, PRM

Reporter

After two long years of Covid restrictions, the Grand Court of California was finally able to meet face-to-face. The session was held at the Wyndham Hotel in Visalia, California, from February 16-19. While face masks were required the entire event, it was great to welcome members from up and down the state.

H.L. Christine Cross, GRM, and S.K. Norm Perkins, GRP, presided over a very enthusiastic, harmonious session. We thank them for their patience and perseverance during their two years of leadership under the most difficult of situations. During the session, it was announced by H.L. Stella Joyner, SAM, that two California members would be Supreme Officers for 2022-2023: H.L. Christine Cross, Jr. PGRM as Supreme Marshal in the West and H.L. Wanda Pinion, DSRM as Supreme Lecturer.

Another presentation was made by S.K. Robert Hagen in behalf of the Amaranth Diabetes Foundation. It was the Unsung Heroes Award, made to S.K. John Wolcott, posthumously, and presented to his widow, H.L. Cindy Wolcott. California Amaranth has known John as Santa Claus and Cindy as Mrs. Claus, for many years. They have assisted at many Amaranth events statewide to raise funds for diabetes research.

At the conclusion of the session, H.L. Judy Payne, was crowned, GRM, with S.K. Joe Tabinsky, GRP at her side. Their corps of Grand Officers were installed and are already at work, and the Subordinate Courts, have had their elections. Installations have begun. By publication time in May, the Courts will have had their first meeting of the new year, with Memorial service, and the Official Visit of the Assistant Grand Lecturer and Deputy Grand Royal Matron.

A very special event will take place on April 30th, with Loyalty Court No. 38, celebrating its 100th birthday. Then on July 31, Golden Crown Court

No. 2 will celebrate its 125th birthday. We congratulate both of these Courts on their lengthy tenure.



Grand Line Officers 2022-2023

Joji Sayo GAC, Cindi Tabriski GC, Judy Payne, GRM, Joe Tabriski, GRP, Christine Link, GAM, Bryan Doshier, GRP



Robert Hagen, Amaranth Diabetes Foundation, Christine Cross, GRM California, Stella Joyner, SAM, Wanda Pinion, DSRM

GRAND COURT OF COLORADO

H.L. Brandi Long, PGRM

Reporter

February 17-18-19, 2022 The Grand Court of Colorado Order of The Amaranth held their 75th Diamond Jubilee Annual Session

H.L. Brandi Long Jr. PGRM and S.K. Jim Miles Jr. PGRP and PSRP opened the Diamond Jubilee in The Land of Oz Session on Thursday February 17, 2022

We had a good turn out and were able to complete our business and earn money for ADF.

H.L. Pat Hayter DSRM and Grand Secretary and H.L. Mary Keithline DSRM and Grand Lecturer were awarded with the 2022 Grand Court of Colorado Diamond Awards for their dedication and love for The Order of the Amarnath and their hard work put forth for Amaranth Diabetes Foundation.

H.L. Lula Ellsworth GRM and S.K. Clinton Keithline GRP Were installed into office on February the 19, 2022. This is the first time in Colorado that we have had a Sister and Brother serve a GRM and GRP. Congratulations and we wish good health and safe travels as we Celebrate "Springtime in the Rockies"

March is known as Colorado Amaranth March Madness of Installations we had all seven (7) Subordinate Court Installation of Officers.

It is nice to have three (3) first time Royal Matrons and three (3) first time Royal Patrons serving in our Subordinate Courts, this year the Royal Matrons and Royal Patrons of Colorado are known as "The Pearls"

We were finally able to hold School of Instruction after two long years of no official School of Instruction, there was a good turn out and the Grand Officers took part in this School Day.

H.L. Lula Ellsworth GRM will be participating in The 97th Easter Sunrise Service at the Consistory, hosted by Knights Templar of Colorado.

It is nice to be able to enjoy our Springtime in The Rockies with our fellow members, families, and friends.



top left: H.L. Lula Ellsworth GRM, H.L. Kristine Tucker RM, S.K. Mark Tucker RP, S.K. Clinton Keithline GRP
top right: H.L. Lula Ellsworth GRM, H.L. MaryBeth Messer RM, S.K. Dale Young RP, S.K. Clinton Keithline GRP
bottom left: S.K. Tony Kary RP, H.L. Drina Johnson RM,
bottom right: H.L. Lula Ellsworth GRM, H.L. Rose McDonald RM, H.L. Alice Chapman RP, S.K. Clinton Keithline GRP



Left: H.L. Lauren Ralston RM, S.K. Mark Ralston RP
top right: H.L. Lula Ellsworth GRM, H.L. Mary Keithline RM, S.K. Dwight Wilson RP, S.K. Clinton Keithline GRP
bottom right: H.L. Lula Ellsworth GRM, H.L. Sherry Green RM, S.K. Ken Hayter RP, S.K. Clinton Keithline GRP



H.L. Brandi Long Jr. PGRM
 S.K. Jim Miles Jr. PGRP – PSRP



Top: H.L. Sheryl Wilson DSRM, H.L. Brandi Long Jr. PGRM, S.K. Dwight Wilson DSRP, H.L. Misti Kauffman PRM
bottom left: H.L. Sheryl Wilson DSRM, H.L. Brandi Long Jr. PGRM
bottom right: H.L. Brandi Long Jr. PGRM, H.L. Misti Kauffman PRM



H.L. Lula Ellsworth GRM
S.K. Clinton Keithline GRP

GRAND COURT OF FLORIDA

H.L. Cathy Edson, DSRM Reporter

The Grand Court of Florida has been busy since the last publication of the Crown and Sword. H.L. Roslyn Heath, GRM accompanied by S.K. John Stinchcomb, GRP were able to complete the Official Visits for the Silver Sands, Community and Heritage Court as well as the homecoming of the Grand Royal Patron and Florida/Georgia Exchange. It was a great event with a dinner at Clark's Fish Camp and Seafood Restaurant on Friday Evening. We were honored with the presence of our Supreme Royal Matron, H.L. Mary Wyatt, the Grand Royal Patron of Ontario, S.K. Justin Schmidt and the Grand Royal Matron, H.L. Dee Bennett and Grand Royal Patron, S.K. Donald Bedsole of Alabama. The homecoming that had been planned for Daytona Beach Court #44, home court of H.L. Hillary Cohan, GRM was held on February 19, 2022, and a Memorial Service for H.L. Hillary was also conducted.

The Honor Night for the Grand Conductresses was held on January 15, 2022. H.L. Cecilia Hemphill, Grand Conductress announced S.K. Charles Woody, PRP of Treasure Coast Court No. 76 as her choice to continue the journey to the throne with her and H.L. Ellen Traverson, DSRM as her choice for Grand Lecturer. H.L. Lara Stucki, Grand Associate Conductress announced her group would

be called the Luminaries in honor of all that have helped "illuminate" her journey.

The Annual Pig Out for Diabetes Fundraiser was held on January 22, 2022, at Community Court in conjunction with the Official Visit of the Grand Royal Matron and Grand Royal Patron. A fun time was held by all in attendance and the Panhandle Courts did a wonderful job with games, basket raffles and the food was delicious.

Our Courts held their elections of officers in March and the Installation of Officers has begun. H.L. Roslyn Heath, GRM has been honored to attend most of them and Crown the Royal Matrons. S.K. Keith, GAP has also been honored to assist with the installations of the incoming Royal Matrons and Patrons and their officers.

Many members of the Grand Court of Florida have been privileged to attend the Grand Courts of Alabama, Colorado, California, South Carolina, Georgia, and Tennessee in the past few months. It is so nice to be able to visit other jurisdictions.

Our annual Cruise for a Cure was held at the end of March and was enjoyed by a small group of members and friends. They had a wonderful time of fun and fellowship and were able to raise a little money for Diabetes Research in the process.

Many of our members were able to attend the Grand Chapter of Florida the first week of April. Many were able to serve as Grand officers, committee members, Escorts, Pages, Grand Instructors, Personal Secretary to the WGM, and in many other capacities. It is great to be able to participate in many of the other Orders. H.L. Roslyn Heath, GRM and S.K. John Stinchcomb, GRP brought greetings and we are proud to have them serve and represent our Grand Court.

We are looking forward to our Grand Court Session on May 19 – 21st, 2022 at the Daytona Beach Shores Resort in Daytona Beach, Florida. We are hoping many of you will be able to attend. Come join us on the sunny beach of Florida!!



H L Dee Bennett, GRM, HL Mary Wyatt, SRM, SK Donald Bedsole, GRP, HL Judy Yeaton, RM, SK Bert Yeaton, RP, SK John Stinchcomb, GRP and SK Justin Schmidt, GRM at the Homecoming of the Grand Royal Patron and Florida/Georgia Exchange.



HL Roslyn Heath, GRM and SK John Stinchcomb, GRM at Grand Chapter of Florida. OES



HL Cecilia Hemphill, GC and H.L. Ellen Traverson, DSRM, nominee for Grand Lecturer



H.L. Cecilia Hemphill, GC and S.K. Charles Woody, nominee for GAP



SK Ronald "Grumpy" St. Jacques, HL Janet St. Jacques, HL Theresa Goddard, SK Charles Woody, HL Margaret Woody, HL Anne Marie Williams, HL Roslyn Heath, HL Norma Savoley at the Grand Court of South Carolina fun night.



HL Theresa Goddard, HL Norma Savoley, HL Janet St. Jacques, HL Cathy Edson, SK Keith Albright, HL Roslyn Heath, SK John Stinchcomb, HL Kathy Seichko, HL Judy Barnes, HL Judy Yeaton, HL Betty Cox, HL Michelle Cook-Zimmerman, HL Hilda Bedsole, HL Dee Bennett, HL Carol Stinchcomb, SK Bert Yeaton, SK Donald Bedsole.



HL Judy Barnes, SK Mark Tucker, HL Kristine Tucker and HL Cathy Edson at the Grand Court of Colorado



HL Dee Bennett, HL Donald Bedsole, HL Betty Cox, and HL Hilda Bedsole Florida, as well as Alabama Members at California Grand Court



Norma Savoley, Ena Cox, Sally Jane Moore, Angela and Barry Morrissey, Ellen and Kenny Traverson, Cecilia Hemphill, Sandy, and John

GRAND COURT OF ILLINOIS H.L. Susan McKinney, DSRM Reporter

The Grand Court of Illinois is happy that Spring has arrived because that means it's Official Visit season. H.L. Barbara Lemler, GRM and S.K. Dwayne Lemler, GRP, will be officially visiting our Courts in April, May, and June. The Advance nights will begin in June. Official Visit dates are: Springfield Court (Springfield, IL), Tuesday, April 19th at 7:30 p.m. (dinner at 6 p.m.); Faith Court (Centralia, IL), Saturday, May 7th at 1 p.m.; Champaign-Urbana Court (Champaign, IL),

Friday, May 20th at 7:30 p.m.; Friendship Court (Oak Lawn, IL), Saturday, June 18th at 7:30 p.m.

We look forward to attending Supreme Council in Tulsa, OK in July and seeing everyone there.

Grand Court of Illinois will be October 14-15, 2022 at the Thelma Keller Convention Center in Effingham, IL. Please consider joining us at our Bee-lieving for a Cure Session!

GRAND COURT OF IOWA H.L. Cathy Francis, GRM

IS THIS HEAVEN? NO! IT'S IOWA!

Greetings from H.L. Cathy and S.K. Tom Francis, GRM and GRP of Iowa.

We hope that all is well with you and your family. Our thoughts and prayers go out to our members who are ill or are grieving. We are especially heartbroken with the recent events happening in Ukraine. It seems that much sunshine is needed for so many.

We are preparing to travel and happy to spread Iowa Sunshine wherever we can. We are excited to finally begin our year in earnest and look forward to the Official Visits and events that will bring that sunshine to all of you.

As a fundraiser, we have decided to make and sell Bowl Cozies and Potato Bags for \$5.00 each. We have already sold a few on my Facebook Fundraiser and outside of that also. If you would like to order, please contact me by email or phone. All Proceeds go to the Amaranth Diabetes Foundation. H.L. Kim Swallow is our Diabetes Coordinator Chair.

Iowa Grand Court will be here before you know it. Please plan to attend September 29, 30 and October 1, 2022 in Davenport, IA at the Davenport Masonic Center, Veterans Parkway. H.L. Sarah Sels is the Session Chair. Trifolds will be out in May before Supreme. See you soon.

Be the sunshine. Let Truth, Faith, Wisdom and Charity shine in your words, thoughts, choices and actions.



**GRAND COURT OF
MASSACHUSETTS
H.L. Donna Cormier, PGRM
Reporter**

By the time this is printed Massachusetts will have turned over a new leaf ---- so I would like to leave you with this:

Friendship is a golden thread
that binds our hearts with love
a bond that reaches to the stars
that twinkle high above

Friends see the pain behind the smile
and come before we call
to walk with us that "extra mile"
and lift us when we fall

Friends see beyond our failures
the person we can be
and they never are to busy
to share a cup of tea

Friends are the glue God gives to us
to mend a broken heart
the anodyne that sustains us
when our world falls apart

Friendship is a precious thing
that lives beyond the years,
A looking glass that lets us see
the laughter through the tears

**GRAND COURT OF OHIO
H.L. Kathy Hubert, DSRM
Reporter**

HELLO and HAPPY EASTER FROM OHIO

The calendar shows it is spring, but we are still waiting for sunny weather and warm temperatures.

We are busy traveling and helping out our Courts with their installations. After a year many of us are back on the Amaranth trail. Our GRM H.L. Lynda Dobbins and our GRP S.K. Larry Dobbins have many plans for a fun filled Grand Court Session. So pack your red, white and blue and join us at the Courtyard by Marriott in Canton Ohio, on May 19-21, 2022.

If you have time, there are many things to see in Canton. The Football Hall of Fame, the Maps Air Museum, shopping, and the chocolate tour at Harry/Fannie May. This is just a few things here in Canton.

H.L. and S.K. so much has happened in the past two (2) years we can never take things for granted any more. We need to learn to live what they call the new normal and make the most of it. The Honor Ladies and Sir Knights from Ohio are looking forward to welcoming our Amaranth friends from far and near to our ***United We Stand With Hope for the Future Session.***

Let us remember those who are fighting for their freedom around the world. May all of us see PEACE in our world someday soon.

As you travel the Amaranth trail be careful and stay safe, until we see each once again.

GRAND COURT OF OKLAHOMA

H.L. Stacey Harris, GAM Reporter

Oklahoma Cleans Up at Missouri Grand Court!

This reporter is excited to share that Oklahoma showed up at Missouri Grand Court to support H.L. Karen Budak, S.K. Mel Fossell and the corps of officers in April 2022. At the Friday night banquet Missouri Grand Court had a silent auction with almost 100 items to bid on. Oklahoma did its part and cleaned out the auction with an amazing collection of items. H.L. Alice Clark was the biggest winner taking home over a dozen baskets. The Oklahoma delegation paid out almost \$600 in an impressive haul raising money for the Amaranth Diabetes Foundation. When you see H.L. Alice ask her how she got all of those baskets home!

It is a pleasure to be traveling again with the Oklahoma delegation.



Pictured left to right, HL Jacque Berry, HL Harriet Tuxhorn, HL Nancy Parker, HL Alice Clark and HL Lila Berry.



HL Stacey Harris, HL Lila Berry, HL Alice Clark, HL Harriet Tuxhorn, HL Jacque Berry, HL Stephanie White, SK Ivan DeTevis, SK Mike Gabbie, HL Judy DeTevis, HL Esther Gable, HL Nancy Parker, HL Lynda Coffman, SK Jim Parker

GRAND COURT OF OREGON

H.L. Kris Aanderud, DSRM Reporter

Oregon Back on the Move

Oregon celebrated its 94th annual session on March 10-12, 2022 with the gathering of over 140 members and guests in Portland, Oregon.

It was a joyous occasion as members gathered for the first time in two years to greet one another and take care of needed business, including the presentation of over \$24,000 to the Amaranth Diabetes Foundation for diabetes research! The two-year total moves Oregon closer to making its next milestone, which is a goal of our new GRM H.L. Judy Jones.



At the 95th Installation of Grand Court Officers, H.L. Judy Jones and S.K. Alan Kelsay became our Grand Royal Matron and Grand Royal Patron, setting sail on a new adventure filled with hope and ambition to get Oregon back to business.

The following week, a contingent of 23 Oregon Grand Court officers attended Grand

Court of Washington. It was wonderful to see so many of our friends to the North.



Oregon subordinate Courts are well into the installation season. Installations have been held at Cherry Court #19, Christina Court #8, Oceanside Court #37, Acacia Court #22, Arago Court #31 and Willamette Court #2 have all held installations as of the writing of this article. Installations will be completed at Kellogg Court #29, Emerald Court #28 and Colonial Court #5 within the next 10 days.



Arago Court #31 new officers with GRM Judy & GRP Alan (left) and RM Aisha Henderson & RP/GRP Alan Kelsay (below)



RM Nancy Rose, GAC, of Willamette Court with GRM Judy and GRP Alan



30+ members & guests enjoying a beach picnic at Willamette Court, including gooey s'mores in formals.

Entertainment by Wings, ladies from Zulema Temple #13, Daughters of the Nile. Dancers included PQ Diane Tracy and PSQ Suzie Schumacher.



In other news, Oregon Grand Court has kicked off its "Coins for a Cure," released details about the August "Cars for a Cure" car show & put the GRM's quilt raffles online. Please visit our NEW WEBSITE: OregonAmaranth.org to catch up on the most recent news. Want to get our monthly newsletter, please subscribe by emailing OregonAmaranthNews@gmail.com.

GRAND COURT OF WASHINGTON

S.K. Rick Mosier

Reporter

Greetings from Wonderful Washington! Spring is in full swing as western Washington gears up for its annual Daffodil Parade on April 9th.

Our Grand Court was held over St. Patrick's Day weekend and it went smoothly. Our new GRM, H.L. Katey Lanning, and GRP, S.K. Martin Monk, are ready and raring to go. We welcome them as well as the newbies in the Grand Line, S.K. Blair Thisted, GAP, and H.L. Lori Hansen, GAC.

Our subordinate Court elections and installations are now underway as we begin the 2022-2023 year. Best of luck to those chosen to lead us into a new future.

We hope to see you all out on the Amaranth trail!

GRAND COURT OF WISCONSIN
H.L. Cheri Brus, GC
Reporter

Greetings from Wisconsin. I hope everyone had very good holidays. It is now time to settle down and get back to holding meetings and everything else that was put on hold. I know Covid put a damper on everything but don't let that stop you. It is hard at first to get back in the swing of things but without all of you nothing will ever get done. Our courts are getting ready for Grand Lecturer visits then we will have our Grand Royal Matron/Patron visits. We are also planning our Grand Court Session.


The sun is shining and it is getting warmer. Going outside to do yard work or just to sit on the porch is going to be great, Take care and have a good spring. Hopefully will see some of you at Supreme Session.

CROWN AND SWORD EDITOR
H.L. Kim May, DSRM

Last issue I talked about having a title versus being good at a job. This time I want to touch on the subject of learning your job. When we set out in getting our very first job, we didn't know exactly all the details of the job we were hired for. Obviously, our employer thought we had potential and some skills, but by no means were we expected to be experts on the first day. We were probably given a trainer or a mentor to help us learn that job. We were given time and resources to become good at that job. I want you to relate that to Amaranth. How many times have you expected a brand new member to just know what's going on? Do you expect them to immediately understand the ritual? Do you criticize a first time Royal Matron because she didn't do the introductions correctly? How can we expect our members to become experts in their jobs as Amaranth members if we don't train them? It is easy for those who have been members for a long time to forget what it's like to be brand new and not know how to do something. Do you have someone specific to mentor your new members? Do you have practices? What about an instructional meetings? If you help and teach new members they will be more confident members, and they will want to come back and participate more. If all they feel is criticism and negativity, they won't stay.

I want you to think about how you can help someone learn a new job in Amaranth. Or even better, think about what job you want to learn. It's never too late to learn something new.

BE A VOICE NOT AN ECHO!



Deadline
for meals at Supreme Assembly
is June 15th
Check the Trifold on the website

Supreme Assembly will be here before we know it. There are some roles within Supreme Council that anyone in the Order can apply for. There is an application process and the committees, along with the Supreme Trustees, choose the members to assume the roles for the year. If anyone is interested in applying for the roles listed below please reach out to the appropriate committee chairman. More information on the roles can be found in the Supreme Constitution.

- Crown and Sword Editor – please email Nancy Parker at nancycp811@gmail.com
- Web Administrator and Assistant Web Administrator – please email Kim May at kmay@amaranth.org

Deadline to apply is July 1, 2022

Please check the Supreme Council webpage, Supreme Council Facebook page, or the Grand Court directly for current information.

Supreme Itinerary			
May 2022			
May 1-5	WSOJ Supreme Shrine	Kingsport, TN	SRM
May 5-7	New Jersey Grand Court	Atlantic City, NJ	SRM
May 12-14	Oklahoma Grand Court	Oklahoma City, OK	SRM
May 12-14	Arizona Grand Court	Phoenix, AZ	SAM
May 11-14	New York Grand Court	East Syracuse, NY	SAC
May 14	Ontario Grand Court	Brampton, Ontario	SC
May 15-17	Philippines Grand Court	Manila, Philippines	
May 18-21	Ohio Grand Court	Zanesville, OH	SRM
May 19-21	Florida Grand Court	Daytona Beach, FL	SC
May 22-24	Grand Court of Queensland	Brisbane, Queensland	SRM
June 2022			
June 2-4	Indiana Grand Court	Nashville, IN	SRM
June 18	British Columbia Grand Court	British Columbia	SRM
July 2022			
July 11-14	124 th Supreme Assembly	Tulsa, OK	

KEY		
Supreme Royal Matron	SRM	H.L. Mary Wyatt
Supreme Associate Matron	SAM	H.L. Stella Joyner
Supreme Conductress	SC	H.L. Susan Patchin
Supreme Associate Conductress	SAC	H.L. Elizabeth Herbolsheimer

Guidelines for Submitting Articles to The Crown & Sword

§ **ARTICLES** may be submitted on paper by mail, or via email, to the EDITOR. All copy should be typewritten and single spaced on 8 ½ x 11 ½ “white paper. The name, address, and title of the Authorized Representative doing the submitting must be included. Please use only a single space between sentences and a single line space between lines. **Articles should be a maximum of 300 words per Jurisdiction.** The editor has the authority to edit the article to conform to size requirements.

§ **DATES:** Articles should be timely with reference to the publication date. All articles must be submitted by or through the Authorized Representative of your Jurisdiction. Articles **MUST be received by the Editor by the 10th of the months of JANUARY, APRIL, JULY, and OCTOBER.** This deadline will be complied with firmly. Please do not include Grand Royal Matron’s detailed itineraries, names of members who are or have been ill or have died. DO NOT send any articles for publication in the Crown and Sword to the Supreme Secretary. The Supreme Publication Committee gives the Editor the right to fill unused, available space.

§ **PHOTOGRAPHS** are encouraged and can be either color or black and white. However, **people and situations MUST be identified.** Emailed photographs should be in .jpg format and sent as separate files, i.e., attachments, not as part of the message.

§ **ADDRESSES:** Your address label carries the MONTH and YEAR that your subscription expires. You should renew your subscription before the expiration date is reached to avoid missing any issues of the Crown and Sword. This can be done either through your Authorized Representative who was appointed by your Grand Royal Matron, or directly with the Supreme Secretary. Send all address and subscription information directly to the Supreme Secretary whose address is given below. DO NOT send subscription requests or changes of address to the Editor. Please send email articles to: **crownandsword@amaranth.org. The Editor will get them from there.**

§ **DEADLINE** for articles for the next issue is **July 10, 2022!**

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Patti Baker, Supreme Secretary
9100 W. Jewell Ave, #105
Lakewood, CO 80232-6466
supremesecretary@amaranth.org

Trivia Answers: 1971, Nana, Aurora (Sleeping Beauty), Oswald the Lucky Rabbit, No Worries, Pixie dust, Hot dog!

Ms. Patti Baker, Supreme Secretary
Supreme Council, Order of the Amaranth, Inc.
9100 W. Jewell Ave. #105
Lakewood, CO 80232-6466

AMARANTH FIGHTS DIABETES

We invite you to visit our web page, <http://www.amaranth.org>

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The Crown and Sword Newsletter Publication Data.

The Crown & Sword is published four times per year by the Supreme Council, Order of the Amaranth, Inc. Contact the Supreme Secretary at the address given above or the Guidelines page.

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