



THE CROWN & SWORD

The Newsletter of the
SUPREME COUNCIL
ORDER of the AMARANTH, Inc.



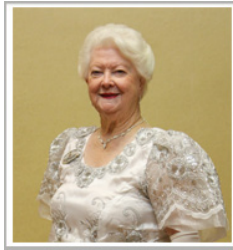
Honored Lady Stella Joyner, Supreme Royal Matron
Sir Knight Allan Potts, Supreme Royal Patron
2022 - 2023

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H.L. Kim May, Editor

We invite you to visit our website: <http://www.amaranth.org>

This Edition: **November, 2022**



SUPREME ROYAL MATRON

H.L. Stella Joyner

The year began at a fast pace. Sir Knight Allan and I have been on the road almost constantly. I attended the Grand Courts of Louisiana, Alaska, Idaho, Iowa, Illinois, and North Carolina. I also attended the Subordinate Court of Madison in Michigan. I have also been to the receptions of the Supreme Associate Matron, Supreme Associate Patron, Supreme Conductress, and Supreme Associate Conductress. All of these events have been very enjoyable.

I had the honor of laying a wreath at the Tomb of the Unknown Soldier in Arlington National Cemetery. This was very important for me to do as your Supreme Royal Matron, and it was my privilege and honor to lay not only for those who have served, those who are still serving, and in honor of the veteran members of the Order of the Amaranth. I understand that not every person buried in Arlington National Cemetery are military service members, but when you reflect on the vast headstones as far as the eye can see, in every direction, it touched my soul. The vast number that gave their lives to keep us free. Remember the next time you see a military uniform, thank them for their service.

I look forward to seeing all of you as we travel the Amaranth Trail. Until then, remember to speak the truth, trust your faith, practice wisdom, and be charitable.



SUPREME ROYAL PATRON

S.K. Allan Potts

Greetings from the Amaranth Trail. Since my last article, we have visited the Grand Court of Louisiana, “Let Freedom Ring” Session, where we enjoyed Cajun hospitality, then on to Grand Court of Alaska, “Mush For A Cure” Session, where we learned how to pan for gold. We went to Washington DC, where we placed a wreath on the Tomb of the Unknown Soldier to honor all those who lost their lives defending our nation. It was a very moving ceremony that I will never forget. We attended the reception for H.L. Theresa Nichols, SAC, in Columbus, Ohio. We then headed home to Tennessee for a quick stop before heading out west to the Grand Court of Idaho, “Uncork For A Cure” Session, where we found out that wine and gigantic potatoes actually do go together. Then, on our way to Iowa, we had a rare free day where we could visit Mount Rushmore, Devils Tower, and the Crazy Horse Monument. H.L. Beverly and I have always wanted to see these beautiful monuments and were glad to be able to check them off our bucket list. Then on to the Grand Court of Iowa “You Are My Sunshine” Session, where there were lots of sunflowers and smiles. Then on to Grand Rapids, Michigan for the Madison Court visit where we met in the historic Grand Lodge where I had the honor of installing H.L. Judy Edwards as DSRM. We are now home preparing for our trip to Illinois.

As we have traveled, we have had to go through road construction and seemingly endless miles of orange traffic barrels. We have been stopped in traffic for over two hours due to accidents, and thunderstorms that were like driving through a car wash. We even stopped at the Garden of Eden for a late-night dinner under a tree with a serpent overhead. And after a long journey to visit a Grand Court, it is so special to be welcomed like family, the Amaranth Family, and made to feel right at home.

As we get ready for our next trip, we pray for safe travel and hope to see you down the Amaranth Trail.



SUPREME ASSOCIATE MATRON H.L. Susan Patchin

Hello to All!

Here we are in the autumn of the year. Traveling through Pennsylvania the magnificent color of God's artistry is everywhere. The colors are absolutely beautiful & and vibrant this year. My heart leaps with the joy of the upcoming holiday season of Thanksgiving and the bounty we receive from God. So many wonderful things, especially the H.L.s and S.K.s around the world. As I think of the blessings in my life each of you are in my heart. My prayers are with all for many wonderful days as we move forward to the most special time of our year.

As for our Amaranth trail. The year is moving forward and the long-awaited season of the announcements of the 2023-2024 Supreme Appointed Officers is beginning. As the excitement begins and grows, I hope that all of you will be thrilled and wish them well. Those of you who have been on this path know the thrill of this special time. Keep posted as I will list those who have been announced in the next issue. Then the rest will be in the later issue.

Please remember each of you are special and important to me, so if you are at a Grand Court or other function please make sure we get to say hello.



SUPREME ASSOCIATE PATRON S.K. Mel Fossell



SUPREME CONDUCTRESS H.L. Elizabeth "Bizzy" Herbolsheimer

Happy Fall Everyone!

What an amazing three months since Supreme Council. It has been great traveling the Amaranth Trail and seeing everyone.

My reception in Massachusetts was amazing with so many friends and family getting together. It was great to have all my sisters with me, and I was thrilled to have my Dad be the Master of Ceremonies. I was so excited to announce Sir Knight Richard Marsh, PGRP of California to accompany me on this adventure. I am looking forward to our journey together and seeing what we can accomplish for the Order.

The fall has a few more Amaranth travels. This includes my first representation and my sister Meredith's Grand Court where she will be serving as Grand Royal Matron. I cannot wait to see everyone!

It has been great to see all the Heralds and welcome the Guardians as they have been installed in the West of their respective Grand Courts. I look forward to having our group grow!

I hope everyone has a wonderful holiday season and Happy New Year.



Heralds in Louisiana



Heralds and Guardians in Louisiana.



Heralds and Guardians in Alaska



Heralds and Guardians in Idaho



Heralds and Guardians in Iowa



Heralds in Illinois



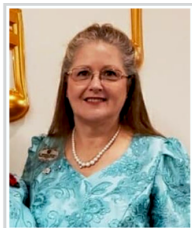
SK Richard Marsh and I at his announcement



Heralds and Guardians in Wisconsin



It was great to be with my sisters at my reception!



SUPREME ASSOCIATE CONDUCTRESS H.L. Theresa Nichols

Hello All! Life has really changed for me since July. I was told it would be a whirlwind of moving around, it is. I want to assure all of you I am doing well following my acrobatics back in May. The injuries are healing, and I am traveling again. I look forward to meeting and greeting everyone on the trail. I am especially looking forward to meeting my Guiding Stars as we all start this journey.

I was so overwhelmed by the outpouring of love shown to me at my reception by all who were able to attend. I know many more wanted to be there but for many reasons could not make it. It was a beautiful evening and again I want to thank those who did everything to put it all together. The decorations were amazing and brought tears to my eyes when I first entered the room. Thank you again to H.L. Barbara Ullrich, PSRM (my Supreme Mom) for being the toastmistress; it made it even more special that we could share the evening.

Lastly, my address has changed. We moved into our forever home over the summer, my new address is now 625 Briggs Hill Rd. Belpre, OH 45714.

Enjoy the fall weather because they say Old Man Winter is coming fast.

AMERICAN DIABETES ASSOCIATION

**Susan Dishart
Amaranth Liaison**

Research Findings from the American Diabetes Association

Your support for research will someday bring a cure for diabetes! The American Diabetes Association is so thankful for your contributions to research. You recently funded, Dr. Greg Morton from the University of Washington and his work in defining the role of the brain in control of glucose. Below is an excerpt from his final report:

Dr. Greg Morton:

The incidence and prevalence of diabetes is increasing and is a growing health concern, given that it is associated with increased risk for diabetes-related complications including kidney disease, cardiovascular disease, cancer, and amputation. Even with currently available therapies, the control and management of blood glucose levels remains a challenge in T2D patients and can thereby increase the risk of diabetes-related complications. My research career has focused on understanding how blood glucose levels are regulated and what contributes to the development of diabetes. This research will provide insights into the role of the brain in the control of blood glucose levels and has potential to facilitate the development of novel approaches to diabetes treatment.

Growing evidence suggests that there is a relationship between ambient temperature and risk of obesity and diabetes. This concept is of interest, in part owing to the identification of brown adipose tissue (BAT), a thermogenic tissue, in adult humans, and the associated interest in BAT thermogenesis as a target for the treatment of obesity and diabetes. In further support of this, epidemiological studies reveal that the prevalence of diabetes and glucose intolerance increase with higher outdoor temperatures and that either short-term or intermittent cold exposure can improve glucose homeostasis in both rodents and humans. Our findings identify key neurons in the brain that link thermoregulation to both energy- and glucose-homeostasis and further show that obesity is a state characterized by a partial uncoupling of energy homeostasis from the thermoregulatory system. By shedding light on this coupling process and its obesity-associated impairment, this work will shed new light on mechanisms underlying both normal energy homeostasis and obesity pathogenesis, major risk factors for the development of T2D.

This work has the potential to fundamentally advance our understanding of how the brain regulates blood glucose levels and to identify novel targets for the treatment of T2D.

I am so thankful for this funding as this research success and the high-impact publications supported by this Award supported my recent promotion to Professor of Medicine, within the Division of Metabolism, Endocrinology and Nutrition at the University of Washington as well as the advancement of several other researchers involved in this work.

The grant may be over, but the work continues until there is a cure. Thank you.

If you need additional information for you or a loved one about living with diabetes, or if you need additional brochures to share with your court's work, please contact me.

Susan Dishart, Amaranth Liaison, American Diabetes Association sdishart@diabetes.org

AMARANTH DIABETES FOUNDATION BOARD OF DIRECTORS

H.L. Janet St. Jacques, ADF President

As fall approaches, the trail of the Supreme Royal Matron continues around the country and so do the diabetes donations from these various Courts. The ADF appreciates all the hard work of the members in raising funds for Diabetes Research.

The donation that was given to the American Diabetes Association at Supreme Council in July enabled the ADF to sponsor two additional new researchers.

Anas El Fathi, PhD., is working to facilitate diabetes management with AI-personalized carbohydrate-free bolus calculator for smart insulin pens. We are also sponsoring Dr. Howard William Davidson, who is focusing on predicting future beta cell loss in subjects with recent onset of Type 1 Diabetes. All of the sponsored researchers are working on prevention and cure of diabetes.

Did you know that there is a Legacy program through the ADF? A bequest of a gift in your will can have a large impact on diabetes by helping us continue to fund our researchers. You can leave your court or the ADF a specific amount or a percentage of your estate. If you have questions about the Legacy Program, please email ProjectsLegacy@amaranth.org.

Also, remember that Grand Royal Matron's can recommend a member for the Unsung Hero Award. If you know someone who has done great things and worked hard but flies under the radar, send your recommendation to Tiffany St. John at crowngirl@tds.net.

As the Holidays approach and your gift buying begins, don't forget to consider a gift to the ADF. That gift will go a long way.

See you along the Amaranth Trail.

GRAND COURT OF ALABAMA

H.L. Betty Cox, DSRM Reporter

We have completed the Official Visits for the year in Alabama and happy to say they all were very interesting and informative. We enjoyed the social time with all the members in each place. There has not been a lot going on except for the regular meetings of each Court with the exception that Mobile Court #7 assisted the Masons of Grand Bay Lodge in a fund-raising project for the Lodge with a Fish Fry that was very successful for the Lodge.

Our H.L. Jan Blankenship has been very busy getting Subscriptions for the Crown and Sword from the Members of her Court and we want to thank her for her efforts in this as we would like to see all of our members having a copy of this Informative Newsletter as it really puts you in touch with all of our Supreme Line Officers, many Courts and information on what we are doing for Diabetes.

Installations for the Courts are taking place at this time, and it is always a nice to see new Officers taking over and looking forward to prosperous and happy times together. The Installation of Officers for Mobile Court #7 took place on September 24th and pictures of the New Officers and the Installing Officers are as shown.

We are looking forward to Grand Court of Alabama to be held November 3rd, 4th and 5th in Orange Beach, Alabama at the Hampton Inn that is right on the Beach. We hope to see many of you there as there are many things planned starting with a Banquet on Thursday Night where we will be honoring our very own H.L. Dee Barger, Supreme Standard Bearer as well as other Dignitaries. Friday Night we will be having our "Pirates of the Cure-abiean" Banquet so if you are coming be sure to dress for this occasion in your Pirates or Wenches Costume as this will be followed with our Fun Night that will be loaded with Surprise Events for all to enjoy. COME HAVE A GREAT TIME WITH US!!!



H.L. Llenc Cox, Conductress; H.L. Janeese Bank, Associate Conductress; H.L. Pat Wood, Treasurer; H.L. Betty Cox, Marshal in the East; H.L. Linda Ryan, Marshal in the West; H.L. Julie Gilsdorf, Associate Matron; H.L. Brenda Patrick, Standard Bearer; H.L. Amy Matthews, Royal Matron; S.K. Brett Matthews, Royal Patron; S.K. Donald Bedsole, Prelate; S.K. Chris Bennett, Chr. of Trustees; H.L. Hilda Bedsole, Warder; H.L. Dee Bennett, Secretary; H.L. Ruby Rowe, Trustee



H.L. Jan Blankenship, Installing Marshal; Mrs. Johnnie Burden, Installing Musician; H.L. Amy Matthews, Royal Matron; S.K. Brett Matthews, Royal Patron; S.K. Patrick Wilberding, Aide to Marshal; H.L. Linda Macom, Installing Prelate; S.K. Brian Autrey, Installing Officer.

GRAND COURT OF ALASKA

H.L. Victoria Ault, PSRM Reporter

The 49th session "Mush to the Cure" of Alaska Grand Court finished August 20 with H.L. Bonnie Duncan taking a second turn as Grand Royal Matron. S.K. Richard Moulden is once again, Grand Royal Patron. Ten jurisdictions were represented. SRM Stella Joyner and SRP Allan Potts were accompanied by many Supreme

Officers: Trustees H.L. Dorothy Kippie, PSRM; H.L. Judy Mosier, PSRM; H.L. Mary Wyatt, PSRM; S.K. Jerry Pinion, PSRP; and H.L. Elizabeth Herbolzheimer, S. Conductress; S. Commissioners of Appeal H.L. Candy Haddix and H.L. Hollie Dam Stiver; H.L. Wanda Pinion, S. Lecturer; H.L. Beverly Potts, S. Historian and Alaska's own long-time member (twice our GRM) H.L. Doris Miller who is Supreme Truth. H.L. Wanda and S.K. Jerry Pinion also are Alaska members. H.L. Wanda was elected Grand Associate Conductress. H.L. Candy, when in the military, had been stationed in Alaska many years ago.

Retiring GRM Karen LeFlore had fantastic meals catered for her session. H.L. Karen even did a bit part Friday night in the performance in the Palace Theater. The real highlight of her session was the check presented for the Amaranth Diabetes Foundation-\$14,979.90.

H.L. Bonnie, GRM has planned her Official Visit to Alaska Court 1 for October 11, 2022. Her Official Visit to Polaris Court 2 in Fairbanks will be April 21, 2023.

The Alaska State Fair finished September 5. Alaska Court 1 members manned the Red Gate taking tickets for the final seven days. Duty times were 10:30 am to 4:30 pm. A church group takes over until 10:00 pm. All tickets this year were electronic.

Alaska Court 1 will continue to cater the dinners for Glacier Lodge 10 and York Rite, at least until the year's end. They will also be selling See's candy.

Eleven Alaska Grand Court members attended Idaho Grand Court in September: GRP Richard Moulden, GAM Carol Addison Lippert, GC Sandy Thompson Wallace, GAC Wanda Pinion (Supreme Lecturer), PGRM Karen LeFlore, DSRM Leann Folsom, PSRP Jerry Pinion, PSRP Del Militare, PSRM Victoria Ault, DSRP Johnnie Wallace, Doris Miller, Supreme Faith. Idaho members have been strong attendees at Alaska Grand Court for many years. S.K. Del and H.L. Victoria went on to Iowa Grand Court.



GRP Jim LeFlore, SRM Stella Joyner, SRP Allan Potts, GRM Karen LeFlore

GRAND COURT OF CALIFORNIA H.L. Dorcas Auger, PRM Reporter

As always, summer was a busy time in California Amaranth Courts. The weather has been great most of the time, and there were many outdoor activities: picnics, pool parties, burger barbecues, walk-a-thons for diabetes, in addition to our regular meetings. Some Courts gathered up their members and went visiting as a group with Courts at a distance.

Fundraising for diabetes continues with state and local events. The Hamburger Hoedowns both south and north have been held with lots of support and participation of our members. They have both had support from friends who soon after became members. One Court sponsored a bus trip to a local casino, with all proceeds to go to the Amaranth Diabetes Foundation.

Advance nights are now well underway, showing that our leadership will be well prepared for the coming year.

The end of July was the occasion of an important event. On July 31, Golden Crown Court celebrated its 125th Anniversary with an Ice Cream Social. There was a congratulatory proclamation presented from the Board of Supervisors of Los Angeles County, displays of various items from the history of the Court. A brief program concerning the

Court's history, and an opportunity for those present to relate a memory of a special event or happening.

August 13 was also a special day. That was the date of the Queen Christina Gala. This year's theme was Pirates of the Caribbean. Everyone was invited to come as their favorite pirate character. The occasion was the revealing by our Grand Conductress, H.L. Cindi Tabriski, of her "chosen one" to travel with her to the throne of Grand Court. After attempts of some of the pirates to become the "chosen one", he was revealed as S.K. Elmer Grospe of Beehive-Sacramento Court.

There was another revealing some 3,000 miles away, that excited California members. At her reception in Massachusetts, H.L. Bizzy Herbolsheimer, Supreme Conductress revealed her "chosen one" to be S.K. Richard Marsh, PGRP of Golden Crown Court. Congratulations to Sir Knights Elmer and Richard. May your coming travels be safe and rewarding.

To all of the Honored Ladies and Sir Knights of our many Amaranth Jurisdictions, and the Subordinate Courts under Supreme, we wish you a joyous holiday season, and our wish for growth and prosperity in the New Year.



SK Elmer Grospe was the chosen one of HL Cindi Tabriski



HL Elizabeth "Bizzy" Herbolsheimer and her "chosen one" SK Richard Marsh



Original Rite of Adoption Officer Jewels of Golden Crown Court and the red and gold sashes on which they were worn.

GRAND COURT OF COLORADO

H.L. Brandi Long, DSRM

Reporter

Colorado Amaranth Fights Diabetes with our 6th Annual 5k Walk for Diabetes held August 20, 2022, at E.B. Rains Jr. Memorial Park in Northglenn, Colorado. The weather was wonderful, and we even got to hear the bagpipes play as we walked around the park.



H.L. Lula Ellsworth GRM, H.L. Mary Mackenzie, H.L. Lauren Ralston RM Laurel Court No. 16, H.L. Cindi Sebastian DSRM, H.L. Brandi Long DSRM, H.L. Jill Quedenfeld PRM, W/C Matt Quedenfeld, H.L. Sara Jensen PRM, S.K. Robert Tschida GAP, H.L. Lynn Brown Jones DSRM, H.L. Laura Lambird GAM, H.L. Kristine Tucker RM Pikes Peak Court No. 20, H.L. Betsy Emery PRM, S.K. Mark Tucker RP Pikes Peak Court No. 20, H.L. Mary Keithline DSRM & RM of Liberty Court No. 1, S.K. Ken Hayter DSRP & RP of Edgewater Court No. 14, S.K. Dwight Wilson DSRP & RP of Liberty Court No. 1, H.L. Pam Bottolfson GC, S.K. Jim Miles PSRP



S.K. Dwight Wilson DSRP & RP of Liberty Court No. 1, H.L. Brandi Long DSRM



top left S.K. Robert Tschida GAP, H.L. Laura Lambird GAM, S.K. Jim Miles PSRP, H.L. Jill Quedenfeld PRM, Matt Quedenfeld, H.L. Mary Keithline DSRM & RM of Liberty Court No. 1, H.L. Pam Bottolfson GC
top right S.K. Dwight Wilson DSRP & RP of Liberty Court No. 1, S.K. Ken Hayter DSRP and RP of Edgewater Court No. 14
bottom left H.L. Lynn Brown Jones DSRM, H.L. Lauren Ralston RM of Laurel Court No. 16



Tuesday September 27, 2022 Started us out on our First official visit in Golden, Colorado "In the midst of everything take time to love, laugh and play; then life will be worth living each and every day."

Friendship Court No. 7 Official Visit of the Grand Royal Matron H.L. Lula Ellsworth and the Grand Royal Patron S.K. Clinton Keithline with the Royal Matron and Royal Patron of Friendship Court H.L. Drina Johnson and S.K. Tony Kary



October 1, 2022 Second official visit in Colorado Springs, Colorado "There are far, far better things ahead than any we leave behind"

Pikes Peak Court No. 20 Official Visit of the Grand Royal Matron H.L. Lula Ellsworth and the Grand Royal Patron S.K. Clinton Keithline with the Royal Matron and Royal Patron of Pikes Peak Court H.L. Kristine Tucker and S.K. Mark Tucker



Top right: H.L. Kristine Tucker, H.L. Jennifer Kazakov, Amie Conner
Middle: H.L. Lula Ellsworth GRM, Alex Kazakov, H.L. Jennifer Kazakov, H.L. Mary Keithline, H.L. Kristine Tucker, Aime Conner, Emma Conner, Julianna (Jules) Tucker, Edwynn Tucker, H.L. Sara Jensen, S.K. Jim Yaeger, H.L. Mary Beth Yeager Bottom left: Matt Quedenfeld, H.L. Jill Quedenfeld, H.L. Lula Ellsworth GRM, Edwynn Tucker, H.L. Mary Keithline, Julianna (Jules) Tucker, H.L. Jennifer Kazakov, S.K. Mark Tucker, H.L. Kristine Tucker Bottom right: H.L. Kristine Tucker, Julianna (Jules) Tucker, Edwynn Tucker, S.K. Mark Tucker S.K. Ken Hayter

Grand Court of Colorado fundraiser A Day out at the Rockies. We had 2 different days at the "Rockies" games. June 5th vs the Braves. August 21st vs the Giants.

GRAND COURT OF FLORIDA H.L. Cathy Edson, DSRM Reporter

The members of the Grand Court of Florida Courts are dark in the months of July and August, but we did have a busy summer. The Courts are all back to regular meetings again and are looking forward to the Official visits of H.L. Roslyn Heath, accompanied by S.K. Keith Albright, GRP.

Many of our members were able to attend the Grand Court of Louisiana Session in Kenner, LA the first weekend of August. Many were able to lend a helping hand and serve in multiple stations as protom officers. It was a great time and was enjoyed by all in attendance.

Our first State School of Instruction under the direction of S.K. John Gray, Grand Lecturer was hosted by Crown Court No. 33, home of our Grand Royal Patron, S.K. Keith Albright. It started with a leadership workshop conducted by our Grand Associate Matron, H.L. Cecilia Hemphill and H.L. Lara Stucki, Grand Conductress and H.L. Beth Strayer, Grand Associate Conductress. What an informative and constructive day of leadership and learning. The weekend was concluded with the Honor Banquet of H.L. Roslyn Heath, GRM and S.K. Keith Albright, GRP. It was well attended, and a delicious meal was enjoyed by everyone.

The first Official Visit of the GRM, H.L. Roslyn Heath was held at Heritage Court No. 57, home Court of H.L. Sylvia Saunders, PSRM. H.L. Roslyn was accompanied by S.K. Keith Albright, GRP. Other line officers present were H.L. Cecilia Hemphill, GAM, S.K. Charles Woody, GAP, and H.L. Beth Strayer, GAC. Prior to the meeting, a wonderful Dutch treat dinner was enjoyed by many at Grills Lakeside Seafood Restaurant.

Harmony Court No. 25, New Port Richey, FL had a "Quarter Auction" in October to benefit the Amaranth Diabetes Foundation. What a great time had by all and a fun way to raise money for Diabetes as well as promote our Philanthropic Project. The members also had support and help from the members of Ladies Oriental Shrine, Order of the Eastern Star, and the Masons. It was wonderful to have the support of other bodies.

As many of you know, Florida was visited by an unwelcome visitor in Hurricane Ian in September. We had one Court in the path of the storm but are happy to report that all are safe. Many of our members did suffer damage to their homes and we pray they will be able to make repairs and have a full recovery. Please keep the residents of Florida in your thoughts and prayers as it was a storm of massive destruction, but we will all remain Florida Strong.



Florida Members attending Louisiana Grand Court: Left to Right: HL Cecilia Hemphill, SK James Patterson, HL Karen Patterson, SK Ronald St. Jacques, HL Bobbie Rodrigues, HL Janet St. Jacques, HL Kathy Seichko, HL Cathy Edson, HL Betty Cox, HL Judy Barnes, HL Roslyn Heath, SK Keith Albright, HL Dee Bennett, HL Lara Stucki, HL Hilda Bedsole, SK Donald Bedsole and HL Sherri Johnson.



Heritage Court #57 Official Visit
HL Roslyn Heath, GRM, HL Judy Mosing, RM, SK Erik Andersen, RP, SK Keith Albright, GRP



HL Roslyn Heath, GRM, HL Sylvia Saunders, PSRM
And SK Keith Albright, GRP at Heritage Court #57 Official Visit



HL Roslyn Heath, GRM, SK Keith Albright, GRP
at their Honor Banquet



Quarter Auction, Harmony Court #25 Pictured (L to R)
SK John Gray, HL Valerie Tooma-Gray, HL Terri Justice, SK Stephen Edson, HL Sheila Bailey, HL Alma Tilley, HL April Smith, HL Sheri Mason, HL Ellen Traverson, HL Gerri Rosenthal, HL Doreen Watson, HL Cathy Edson, HL Ann Marie Williams, HL Kathy Seichko, SK Kenneth Traverson

GRAND COURT OF ILLINOIS

H.L. Susan McKinney, DSRM

Reporter

Illinois Grand Court is October 14 and 15. We are finishing up our preparations for the fun to begin! H.L. Barbara Lemler, GRM and S.K. DeWayne Lemler, GRP, are ready to finish their terms. We know that everything will go well and we hope to raise a lot of money for Diabetes. Best wishes for the 84th session, "Believe".

We are excited for H.L. Leah Stephens and S.K. Lawrence Knowles' term that begins Saturday night.

GRAND COURT OF INDIANA

H.L. Sandy Grogan-Sills, PGRM

Indiana has been very busy these past few months. We have completed all Grand Lecturer visits, and now are in the mist of starting our Official visits with our Grand Royal Matron H.L. Magie Dewey and the Grand Royal Patron S.K. Bruce Davis. We have taken in several new members.

We in Indiana hold an annual festival at the Indiana Masonic Home at Compass Park. All of our Masonic Families come together and have booths, we hold a parade with even the community getting involved. Due to storms in the area this event was canceled for the year. There is no makeup day.

Our Grand Royal Matron and Grand Royal Patron attend the Grand Master's reception representing Amaranth at the Duesenberg Museum. There were several Amaranth members that attended his installation.

We continue to support our youth groups here in Indiana. We were very proud to be part of the 1.7 million pop tabs that were turned into Riley Hospital this September by the Rainbow Girls.

We are excited to see several 1st time Royal Matron and Patrons going through the line here in Indiana. With the six Courts we have this year we have two

first time Royal Matrons. One Court has all new people in the line right now. Exciting time for Indiana.

Plans are starting to come together for the 79th Indiana Grand Court. June 1-3, 2023, in beautiful Nashville, IN at the Season's Lodge and Conference Center. Same place as last year.

GRAND COURT OF IOWA

H.L. Cathy Francis, JPGRM and

S.K. Tom Francis, JPGRP

Greetings from H.L. Cathy and S.K. Tom Francis, JPGRM and JPGRP of Iowa. We hope this edition of the Quarterly finds you all healthy and in good spirits. This is our farewell communique.

Our responsibilities to Grand Court are complete. There were more joys than disappointments this year. To the members of Iowa Grand Court: thank you for the love and support you have shown us this year. Truly, we could not have accomplished this year without you.

S.K. Tom and I have accomplished most of the goals set out in the official letter with a positive outcome. We attended banquets and receptions where we brought sunshine and greetings to seven Masonic organizations. We invited fourteen of these leaders to our Thursday Masonic Friendship Banquet.

Several By-Laws changes were proposed and voted upon at Grand Court.

We brought Amaranth Sunshine to six Grand Court Sessions and Supreme Council.

Our Bowl Cozy/Potato Bag and Virtual Birthday fundraisers plus donations for Diabetes allowed us to write the first check to the ADF for \$4,546.68. With the second check and donations that came in during Grand Court, Iowa presented \$ 6,803.48 to the Supreme Royal Matron and Supreme Royal Patron.

See what we can do together as a Village? We should be proud of all our accomplishments because none of that would have been possible without the support of Iowa Grand Court and its members. So, THANK YOU, from the bottom of our hearts.

Be the Light. Don't miss an opportunity to bring Sunshine whenever and wherever you go. Let Truth, Faith, Wisdom and Charity shine in your words, thoughts, actions and choices. Safe travels and we will meet again on the Amaranth trail.

**GRAND COURT OF
MASSACHUSETTS
H.L. Kaitlin Jessee
Reporter**

The Grand Court of Massachusetts is at it again! We did not let our summer go without promoting the work we do and making our presence known within the communities in which we meet.

Since last we spoke, we held our first Bowl-a-thon fundraiser for Ways and Means. It was well attended and there were awards for the most creative stance and throwing method.

Algonquin Court held their annual Mini Golf outing. It was amazing to see everyone after being apart for some time. The best part is the ice cream after our game. I highly recommend the coconut ice cream. It's totally worth the calories.

In September, the regular meetings began and even more happenings.

Algonquin is at again... they participated in The Stairs for Troops at Gillette Stadium. It is road race of sorts where the participants run or walk up and down the stairs of the stadium. Amaranth was well represented as the water stations and a cheer squad. You will notice a theme with them.

Warren G Harding Court #5 initiated 3 new members (two Honored Ladies and one Sir Knight). Congratulations and welcome!

October brought the beginning of the fall activities. In our neck of the woods, that means leaf peeping, apple cider donuts after apple picking, selecting the perfect pumpkin and Official Visits. Pot of Gold Court #16 had their Official Visit with a spaghetti dinner to follow on October 8th but I was unable to attend due to illness.

On the horizon for November is a Murder Mystery Dinner in conjunction with a fellowship weekend hosted by Pot of Gold Court, a trip to Castle Island in Boston for a DAV 5k for Algonquin and the Worry Worm Project for local schools from Blue Slipper.

From what I have seen, the more involved you are in the community, the more the community expresses interest in you.

**GRAND COURT OF OKLAHOMA
H.L. Stephanie White, DSRM
Reporter**

Official Visit season is underway for the officers and members of Oklahoma Grand Court. H.L. Stacey Harris, Grand Royal Matron, is half-way through her Official Visits.



Carter Maupin's Official Visit
HL Stacey Harris, GRM; HL Lana Jameson, RM; and SK
Bob Jameson, RP



Will Clark Tulsa's Official Visit

HL Nancy Parker, DSRM/Grand Treasurer/RM; HL Stacey Harris, GRM; and SK James McAlister, DSRP/Grand Prelate/RP



Ardmore's Official Visit

HL Stacey Harris, GRM; HL Tricia Henderson, DSRM/GAM/RM; SK Hobie Henderson DSRP/GAP/RP; and HL Chris Padon, GRM of Louisiana

GRAND COURT OF WISCONSIN

H.L. Cheri Brus, GC

Reporter

Well hello everyone. This is my last message to you as we have our convention Oct. 12 to 16. I hope

everyone is having a good year and I personally want to congratulate all the new officers. Our incoming Grand Royal Matron and Patron are telling us there will be some new things tried. I hope they all help with the growth of our courts. We are down on members and our Grand Court is down also. We will wait and see. I will suggest to the new Crown and Sword editor that she put the new ideas in the publishing that way anyone else can try them also. Good luck to everyone and have a fantastic year.

CROWN AND SWORD EDITOR

H.L. Kim May, DSRM

The holiday season is right around the corner. For many the holidays are exciting, busy, and full of joy. There are many others where this is not the case. In the hustle and bustle of the holidays, people tend to focus on their "circle". They get caught up in the busyness of everything that they don't stop and take a look at anything or anyone outside their bubble. Assumptions are made that people they know have somewhere to go for the holidays or someone to be with. That's not always the case. This holiday season I want you to think outside your circle. Is there someone you can call to see how they are? Is there someone you can invite to dinner or maybe take dinner to? Is there a food bank you can donate an extra \$10 to? What if you were just a little kinder to the cashier at the grocery store? One small act of kindness with little effort on your part can make the biggest difference in someone's life. My wish for you this season, is that you give a little more to others and fill your heart with true kindness.

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Supreme Itinerary			
November 2022			
November 3-5	Alabama Grand Court	Orange Beach, AL	SRM
November 10-12	New Mexico Grand Court	Albuquerque, NM	SRM
November 19	Queensland Grand Court	Brisbane, Queensland	SRM
November 26	New South Wales Grand Court	Bankston, NSW	SRM
January 2023			
January 11	SCJ – Baytown	Clemmons, TX	SRM
January 13	SCJ – Blue Bonnet	Arlington, TX	SRM
January 14	SCJ – Yellow Rose	Cleburne, TX	SRM
January 17-31	Philippines Grand Court	Philippines	SRM
February 2023			
February 3	SCJ – Clarksburg	Morgantown, WV	SRM
February 4	SCJ – Magnolia/Royal	Parkersburg, WV	SRM
February 9-11	Virginia Grand Court	Virginia Beach, VA	SRM
February 16-18	California Grand Court	Santa Maria, CA	SRM
February 16-18	Colorado Grand Court	Centennial, CO	SAC
February 22-24	South Carolina Grand Court	Myrtle Beach, SC	SRM
March 2023			
March 9-11	Oregon Grand Court	Eugene, OR	SRM
March 16-18	Washington Grand Court	Olympia, WA	SAM
March 16-18	Georgia Grand Court	Peachtree Corners, GA	SRM
March 25	SCJ – Silver State	Las Vegas, NV	SRM
March 30-April 1	Connecticut Grand Court	East Hartford, CT	SRM
April 2023			
April 6-8	Tennessee Grand Court	Gatlinburg, TN	SRM
April 7-8	Kentucky Grand Court	Louisville, KY	SAC
April 13-15	Missouri Grand Court	Springfield, MO	SAC
April 16-18	Pennsylvania Grand Court	Lancaster, PA	SRM
April 20-22	Arkansas Grand Court	Russellville, AR	SRM
April 20-22	Massachusetts Grand Court	Marlborough, MA	SAM
April 27-29	Arizona Grand Court	Tucson, AZ	SRM
May 2023			
May 4-6	New Jersey Grand Court	Atlantic City, NJ	SRM
May 11-13	Oklahoma Grand Court	Oklahoma City, OK	SRM
May 18-20	Florida Grand Court	Daytona Beach, FL	SAM
May 18-20	Ohio Grand Court	Sandusky, OH	SC
May 18-20	New York Grand Court	Utica, NY	SRM
June 2023			
June 1-3	Indiana Grand Court	Nashville, IN	SRM
June 9	SCJ – Lily of the Valley	Ontario, Canada	SRM
June 12	SCJ – Heritage	Ontario, Canada	SRM
June 25-28	Supreme Council	Stone Mountain, GA	

Guidelines for Submitting Articles to The Crown & Sword

§ **ARTICLES** may be submitted on paper by mail, or via email, to the EDITOR. All copy should be typewritten and single spaced on 8 ½ x 11 ½ “white paper. The name, address, and title of the Authorized Representative doing the submitting must be included. Please use only a single space between sentences and a single line space between lines. **Articles should be a maximum of 300 words per Jurisdiction.** The editor has the authority to edit the article to conform to size requirements.

§ **DATES:** Articles should be timely with reference to the publication date. All articles must be submitted by or through the Authorized Representative of your Jurisdiction. Articles **MUST be received by the Editor by the 10th of the months of JANUARY, APRIL, JULY, and OCTOBER.** This deadline will be complied with firmly. Please do not include Grand Royal Matron’s detailed itineraries, names of members who are or have been ill or have died. DO NOT send any articles for publication in the Crown and Sword to the Supreme Secretary. The Supreme Publication Committee gives the Editor the right to fill unused, available space.

§ **PHOTOGRAPHS** are encouraged and can be either color or black and white. However, **people and situations MUST be identified.** Emailed photographs should be in .jpg format and sent as separate files, i.e., attachments, not as part of the message.

§ **ADDRESSES:** Your address label carries the MONTH and YEAR that your subscription expires. You should renew your subscription before the expiration date is reached to avoid missing any issues of the Crown and Sword. This can be done either through your Authorized Representative who was appointed by your Grand Royal Matron, or directly with the Supreme Secretary. Send all address and subscription information directly to the Supreme Secretary whose address is given below. DO NOT send subscription requests or changes of address to the Editor. Please send email articles to: **crownandsword@amaranth.org. The Editor will get them from there.**

§ **DEADLINE** for articles for the next issue is **January 10, 2023!**

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Patti Baker, Supreme Secretary
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supremesecretary@amaranth.org

Trivia Answers: 1971, Nana, Aurora (Sleeping Beauty), Oswald the Lucky Rabbit, No Worries, Pixie dust, Hot dog!

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