



THE CROWN & SWORD

The Newsletter of the
SUPREME COUNCIL
ORDER of the AMARANTH, Inc.



Honored Lady Elizabeth Herbolzheimer, Supreme Royal Matron
Sir Knight Richard Marsh, Supreme Royal Patron
2024 - 2025

The Crown & Sword is published four times per year by the Supreme Council, Order of the Amaranth, Inc.

H.L. Kim May, Editor

We invite you to visit our website: <http://www.amaranth.org>

This Edition: **May, 2025**



SUPREME ROYAL MATRON H.L. Elizabeth “Bizzy” Herbolsheimer

Happy Spring Honored Ladies and Sir Knights!

Wow! How did it get to be time to write the last Crown and Sword article for Supreme Council? This year has flown by! But, what an amazing year it has been.

Thank you to everyone who made this year special. Thank you to the officers who accepted their appointments. Thank you to the committees that worked hard to achieve their goals. I truly believe that we have accomplished many great things this year and I appreciate you all.

I set lofty goals for this year, and I will let you know at the Banquet at Supreme Council how close we were to accomplishing all of them. It shall make for a very enlightening Supreme Session.

It has been an absolute pleasure and honor to be your Supreme Royal Matron. I hope that Amaranth will continue to thrive in the upcoming years. Hopefully, a foundation has been established to help the order succeed. We all love this Order and that we want it to be around after we have passed. We need to set the firm foundation and build this organization to new heights. It truly doesn't matter what has been done in the past, we need to keep moving forward to the future. We can not rest on our laurels of what we accomplished, we need to continue bringing this order to new heights.

Remember, CS Lewis said: “You can not go back and change the beginning, but you can start where you are and change the ending.” Let us start where we are, celebrating our Amaranth traditions and ensuring a path for success of our amazing order.

Thank you all for this amazing adventure.



Supreme Officers in MO



Heralds and Guardians in MO



Supreme Officers in TN



Heralds and Guardians in TN



My protom page and I in TN



Supreme Officers in CT



Heralds and Guardians in CT



Supreme Officers in WA



Heralds and Guardians in WA



Supreme Officers in KS



Heralds and Guardians in KS



Supreme Officers in OR



Heralds and Guardians in OR



Supreme Officers in CA



Heralds and Guardians in CA



Emily and Bizzy all dressed up for the banquet in CA



Supreme Officers in CO



Heralds and Guardians in CO



Supreme Officers in VA



Heralds and Guardians in VA



SUPREME ROYAL PATRON

S.K. Richard Marsh

A quick thank you to all who texted, emailed, sent a note or called to check on our status during the fires in Southern California after my last article earlier this year. We were lucky and although we had 2 evacuation alerts, both were canceled and we only had to deal with the smoke. We had friends who were not so lucky and lost everything. They are still in our prayers.

This year has flown by so quickly and I cannot believe this is my last article as Supreme Royal Patron. I would like to express my appreciation and thanks to so many people:

- HL Bizzy—this has been a tremendous year of service for us. Thank you so much for inviting me to join you on this once in a life time adventure.
- To our Illuminators (our Supreme Officers)—thank you for sharing your light and love with all of us—you are all amazing.
- To our Heralds and Guardians (our GRMs and GRPs, and RMs and RPs of Courts under Supreme Jurisdiction)—you are all awesome. I am honored to be able to claim you as “my kids”. HL Bizzy and I are so proud of all of you.
- To our PSRMs and PSRPs—thank you all for your continued friendship, advice, guidance and invaluable support.
- To my California Amaranth Family, my California Courtesy Team, especially Golden Crown Court, and SK JD—words alone cannot express my appreciation for all that you have done and will be doing in the support of this year of my service as SRP. I value you all more than you may ever know.
- Finally, to the members of the Order of the Amaranth—thank you all for your warm greetings, hugs, friendship, and for allowing me this opportunity to serve you as your Supreme Royal Patron.

In my previous Crown and Sword articles, I continued to challenge everyone to be a BEAR this year. In the first three issues, I focused on being Brave, Enthusiastic and Accepting. This issue will concentrate on the fourth attribute of being a BEAR—being Respectful.

We are all different and come from different backgrounds. We all have different personalities, as well as different upbringing, levels of education, and life experiences. These differences influence how we act and interact with each other. One of my favorite quotes which I have shared several times this year in my speeches to Grand Courts is by Albert Einstein who said, “I speak to everyone in the same way, whether he is a garbage man or the president of the university.” No matter how different someone is from you, everyone deserves respect and if we live by the Golden Rule, then respect is also something we should be willing to give to others. The bestselling author, Bryant McGill, said, “One of the most sincere forms of respect is actually listening to what another has to say.” It may not always be easy to listen attentively with everything we have in our daily lives, clamoring for our attention. Even if it isn’t easy, try to be

patient and respectful. The conversation may provide a missing piece that could help you accomplish something in the future.

Also, just because you respectfully listen to someone, doesn't mean you have to share their point of view. As Former Governor of New York, Herbert H. Lehman said, "I must respect the opinions of others even if I disagree with them."

No matter what our differences, let us all work together, respecting one another as sisters and brothers in our great Amaranth family, so that our Order may grow and thrive for years to come.

So, again, I am continuing to challenge our members to be a **BEAR** this year. Be **Brave** enough to try something new, **Enthusiastic** about what you do, **Accepting** that what you plan might not be exactly what happens, and **Respectful** of others.

In closing, I ask everyone to please remember to be kind to one another, for you may never realize how one simple act of kindness may impact someone's life.



SUPREME ASSOCIATE MATRON

H.L. Marsha Weidinger

Hello Everyone! I hope everyone is getting excited about our upcoming Supreme Council Session in Glendale, Az. It will be great to see old and new friends there.

I have thoroughly enjoyed the many jurisdictions I have visited this year. Thank you for all the courtesies and hospitality you extended to me while I was in your Grand court.

SK Bill and I are looking forward to seeing everyone and, if elected, to begin our year of service for the Supreme Council. If you are eligible and want to be a DSRM or DSRP, Please send in your form to me. The form is on the Supreme Webpage under the Member's only section or contact me and I will email you the form.

I look forward to seeing you in Arizona.



SUPREME ASSOCIATE PATRON

S.K. Bill Haas

The month of May is our time of remembrance as we pay tribute those who have left this Earthly existence. Each person we remember has had an impact on our lives through their love, their life, and their legacy. This time also reminds us that life is fleeting and each of us should strive to leave a positive legacy.

Helen Steiner Rice wrote "Cheerful thoughts like sunbeams lighten up the darkest fears, for when the heart is happy there's just no time for tears." So, remember the accomplishments of this year. Concentrate on the successes. Learn from the mistakes. Be positive, make improvements and our Order will continue to thrive.

Thank you to the Supreme Council members for the opportunity to serve this year. The work done in Subordinate and Grand Courts is vital to sustaining our Order. I appreciate the warm welcomes and hugs I have received during my travels. Your prayers and words of encourage during my knee surgery recovery have meant a lot. I hope that I will see many of you in Arizona as we complete the business of Supreme Council.



SUPREME CONDUCTRESS

H.L. Emily Moyer

As of May 9, 2025, I will retire after 36 years with The Hershey Company. It's been a wonderful career filled with lifelong friends, many fond memories, years of change, navigating through work and family commitments and through it all creating a fantastic network of family known as The Order of the Amaranth. I'm sure anyone who has been with a company for a number of years can attest to the constant amount of change that occurs over the years. When I think about the early days of my career, computers were just arriving on every desk, email wasn't in existence and if the internet was around, I wasn't aware of it.

Now 36 years later, I don't go into the office at all and have worked in about every hotel room where a Grand Court was being held. All these changes may seem huge when looked at individually but as they occurred over time, they were gradual, necessary and critical in keeping a company competitive and alive.

So too are changes necessary for our Order. Without change we will ultimately become unnecessary and extinct. I am excited about our future. There have been new Courts formed, new members initiated, and new ideas generated to keep our Courts alive and active. If your

Court isn't one of those that tried a new idea this year, what are you waiting for? It's imperative that we develop and grow, excite and energize and create enthusiasm for our members.

The Vision committee's strategic plan will unfold for the members to ponder and discuss. The Go-Getters have been spending a considerable amount of time talking about the strategic plan and ways to implement some new ideas into our Grand Courts. You won't want to miss all the excitement about to be revealed.

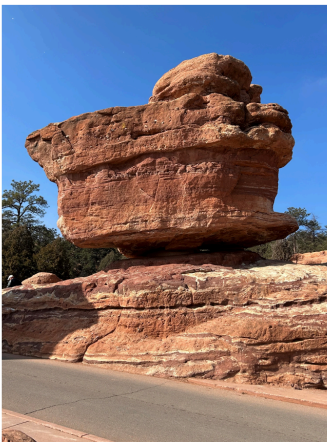
As spring approaches, I wish you a beautiful season full of hope and anticipation. I look forward to seeing you at Supreme Council in July. It will be a session of illumination and sparkle and one you won't want to miss.

Please enjoy photos of our Go-Getters from this spring!!



Grand Court of Virginia
Jessica Walton (NJ), Shirley
Naulty (PA), Ange Malmquist
(VA), Clancy Nidell (VA)

• Pikes Peak, CO



Sightseeing in Colorado



Colorado-
Shirley Naulty and Rob
Fridy



Hollie and Emily having fun!



Ernie Sayo and me at Grand Court of California!



Grand Court of Colorado-
Dana Fairchild (CO), Kristine Tucker (CO),
Shirley Naulty (PA), Cory Cutsinger (IN)



Grand Court of California-
Rondel Bezner and Connor
Bezner with Ernie Sayo and me.



Grand Court of California-
Wanda and Jerry Pinion (AK)
Rondel and Connor Bezner (CA)



Robin Fridy and I traveling
from California to Oregon.
First stop- Sequoia
National Park.

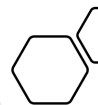




Rainbow as Robin and I entered Oregon.



Beautiful Oregon Coast.



H.L. Marlee Frazier (OR)



Jerry Pinion (AK)
Wanda Pinion AK)
Marlee Frazier (OR)
John Coulter (AZ)
Go-Getters at the Grand
Court of Oregon.



Grand Court of Oregon-
Marlee Frazier and Ed
Duquette

H.L. Robin Friday and me in Oregon.





- Grand Court of Georgia-
- H.L. Debbie Weaver



Go-Getters in Georgia-
 Abby Lasater (SC)
 Debbie Weaver (GA)
 Jay Bratcher (GA)
 Shirley Naulty (PA)



Grand Court of Washington-
 H.L. Jenny Harsin and
 S.K. Glenn Ryder

H.L. Jessica Walton (NJ) at the
 Grand Court of Connecticut



Grand Court of
 Connecticut-
 H.L. Lynne Greenwood (CT)
 S.K. Riley Greenwood (CT)
 H.L. Shirley Naulty (PA)
 H.L. Jessica Walton (NJ)
 H.L. Veronika Altman (NY)

ADF Board at Yale University to hear from two of the researchers we support.



Grand Court of Tennessee-
Debbie Weaver (GA)
Brenda Campbell (TN)



SUPREME ASSOCIATE CONDUCTRESS H.L. Hollie Dahm Stivers

Honored Ladies and Sir Knights, what an absolute whirlwind this year has been. Hard to believe it is almost time for Supreme Council. There have been such wonderful Grand Courts and fellowship. A dream come true occurred for me this year. A visit to Yale University to sit down with two of the ADF's researchers. Awesome does not even cover this event.

Thank you to every Fascinator for working as a team and helping each other. It will be wonderful for us to get together along the road.

Take care and know that you are all so special to me,

AMERICAN DIABETES ASSOCIATION
Susan Dishart
Amaranth Liaison

It is a busy time of year, and the American Diabetes Association®(ADA) is SO thankful to all of you for your great work in raising funds and sharing the message about the importance of diabetes research. It has been wonderful to travel to several Grand Courts already and I look forward to seeing many of you throughout the rest of the season. In March, members of the Amaranth Diabetes Foundation board were able to join me to meet Dr. Baker and Dr. Chang at Yale University. Your work to raise funds to support research are making a difference and the researchers THANK YOU as well as the millions living with diabetes.

I wanted to share some updates from the ADA as there are new recommendations on nutrition, weight-loss medications and technology. The American Diabetes Association® (ADA) released [*Standards of Care in Diabetes—2025*](#) (*Standards of Care*) the gold standard in evidence-based guidelines for diagnosing and managing diabetes and prediabetes. Based on the latest scientific research and clinical trials, the *Standards of Care* includes strategies for diagnosing and treating diabetes in both youth and adults, methods to prevent or delay type 2 diabetes and its associated comorbidities like obesity, and care recommendations to enhance health outcomes.

Notable updates to the [*Standards of Care in Diabetes—2025*](#) include:

- Consideration of continuous glucose monitor (CGM) use for adults with type 2 diabetes on glucose-lowering agents other than insulin.
- Guidance on actions to take during circumstances of medication unavailability, such as medication shortages.
- Additional guidance on the use of GLP-1 receptor agonists beyond weight loss for heart and kidney health benefits.
- Guidance on continuation of weight management pharmacotherapy beyond reaching weight loss goals.
- Expanded nutrition guidance to encourage evidence-based eating patterns, including those incorporating plant-based proteins and fiber, that keep nutrient quality, total calories, and metabolic goals in mind.

The ADA annually updates its *Standards of Care* through the efforts of its Professional Practice Committee (PPC). Comprising global experts from diverse professional backgrounds, the PPC includes physicians, nurse practitioners, certified diabetes care and education specialists, registered dietitian nutritionists, pharmacists, and methodologists. Its members hold expertise in a range of related fields.

“Improving the lives of people affected by diabetes is a key part of the ADA’s mission. The *Standards of Care* offers the trusted support needed for people living with diabetes and those caring for them to manage the disease and thrive until we find a cure,” said Chuck Henderson, CEO at the American Diabetes Association. For more information, please visit our website at diabetes.org.

Take care of yourselves and each other.

AMARANTH DIABETES FOUNDATION BOARD OF DIRECTORS

H.L. Charlene Tucker, President

The past couple of months have been busy with the ADF Board of Directors. The American Diabetes Association presented six research projects as options for support by the ADF. Each opportunity aligned with our request prioritizing research for a cure or to reduce or eliminate complications. In addition, each innovative project option aligned with our commitment to fund the strongest science, and the most pioneering ideas poised to tackle the mysteries of diabetes. Dr. Ilia Droujinine from the Scripps Research Institute and Dr. Giorgia Zanetti from Columbia University have been chosen as our two newest Research Grants. Both researchers will be funded along with Dr. Judith Agudo, Dana Farber Cancer Institute, Dr. Megan Baker, Yale University, and Dr. Lisa Beutler, Northwestern University Medical Center.



Ilia Droujinine, PhD - The Scripps Research Institute

Decoding and validating interorgan communication proteins as new therapeutic targets in diabetes

Organs produce secreted proteins that travel to other organs as a means of communication, and this communication becomes faulty in diabetes. This project will use this technology to identify and characterize novel secreted proteins involved in organ-to-organ communication in diabetes. Most importantly, is to advance our research to the translational, preclinical stage, because the identified secreted proteins may become new diagnostic biomarkers and therapeutics to treat the underlying causes of prediabetes and diabetes. This will further characterize these proteins, both helping to validate the technology as a platform that can enable more future discoveries, as well as evaluating their potential to serve as therapy for diabetic prevention or treatment in the future. ***(Grant funded through December 31, 2029)***



Giorgia Zanetti, PhD - Columbia University

Developing a novel T1D mouse model to understand the interactions between human autoimmune systems and human T cells

Type 1 diabetes (T1D) is caused by immune destruction of insulin-producing beta-cells. This research will help predict how different patients might respond to the drug and identify markers for success or resistance, paving the way for personalized T1D treatments. A humanized mouse model will be generated with human immune systems. These mice will develop diabetes by T cell recognition of antigens presented by human beta-cells. This research could lead to treatments that might help protect these cells in people with T1D, reducing their need for insulin injections and potentially slowing down or even preventing the disease.

(Grant funded through December 31, 2027)

Supreme Assembly will be here before we know it. There are some roles within Supreme Council that anyone in the Order can apply for. There is an application process and the committees, along with the Supreme Trustees, choose the members to assume the roles for the year. If anyone is interested in applying for the role listed below please reach out to the committee chairman. More information on the role can be found in the Supreme Constitution.

- Web Administrator and Assistant Web Administrator – please email Kim May at kmay@amaranth.org

Deadline to apply is June 15, 2025



Are you interested in helping Supreme Council? Do YOU like to write and edit? Do you have talent working with Graphics?

The Supreme Publications Committee is now taking applications for the 2025-2026 Crown & Sword Editor. There is no formal application to complete. Using your creativity send an email to the Publications committee describing your interest, skills and background. The email address for the Chairman, SK William Haas, Chairman is in the Supreme Directory

GRAND COURT OF ALASKA
H.L. Victoria Ault, PSRM
Reporter

The Grand Line Officers have been busy traveling the Amaranth Trail. H.L. Sandy Thompson Wallace, GRM and S.K. Johnnie Wallace, GRP went to the Grand Masters' Conference in S.C. and Colorado Grand Court. S.K. Johnnie went home to take care of Grand Lodge duties and H.L. Sandy went on to California and Oregon Grand Sessions. H.L. Sandy and S.K. Johnnie will attend Pennsylvania Grand Court and plan to attend Arizona's Grand sessions in May.

GAM H.L. Wanda Pinion, DSRM and GAP S.K. Jerry Pinion, PSRP attended the Grand Courts of California and Oregon and plan to attend Pennsylvania Grand Court. S.K. Del Militare, PSRP and Grand Conductress H.L. Victoria Ault, PSRM attended Colorado, California, Oregon and Washington sessions. GAC H.L. Elizabeth Schefers, DSRM, and S.K. Monty Schefers, PGRP attended Oregon's Installation along with their daughter Katie who is Honored Queen of Bethel No. 51 in Tumwater, WA and their son Wolfgang who is PMC and Senior Deacon in DeMolay. H.L. Elizabeth and S.K. Monty also attended Washington Grand Court.

The GRM's Official visit to Polaris No. 2 is set for April 18 and Alaska Court No.1's will be May 13. H.L. Wanda and S.K. Jerry usually fly up from Albuquerque for Official Visits, and, when both Courts meet the same week, for Court meetings.

A Celebration of Life service for H.L. Doris Miller, PGRM of Alaska, will be held May 10 at the Victory Memorial Masonic Temple on 5th St. in Bremerton, Washington by Bremerton Court No. 9.

GRAND COURT OF CALIFORNIA
H.L. Dorcas Auger, PRM
Reporter

Happy Spring Everybody.

I'm really happy to report that our last Grand Court event of the year 2024-25 was a great success. With 18 Amaranth participants and more onlookers, the bowling tournament brought in over \$800.00 for the ADF in a single day

Our Grand Court session is just over. It was held at the Wyndham Hotel, Visalia, from February 27 to March 1, with a theme of "The Wonderful World of Friends". We were delighted to have as special guests, H.L. Elizabeth Herbolsheimer, Supreme Royal Matron, and our own S.K. Richard Marsh, Supreme Royal Patron.

Presiding at our session were H.L. Cindy Trabinsky, Grand Royal Matron and S.K. Elmer Grospe, Grand Royal Patron. During our session, S.K. Ellmer was recognized with the Unsung Heroes Award, presented by the Amaranth Diabetes Foundation jointly with the American Diabetes Association. Also during the session, the Beverly Gay Duba Service Award was presented to a member of each court.

The Saturday evening Installation of the new Grand Officers for 2025-2026 was held. The new presiding officers installed were H.L. Joji Sayo, Grand Royal Matron, and S.K. JD Hammett, PSRP, Grand Royal Patron.

By the time you read this, all of our subordinate courts will have held their installations and first meeting practices. Memorial meetings will be underway, and notices of the official visits of the Assistant Grand Lecturers will have been sent. The new Amaranth year will be well underway.

I would like to extend my thanks to H.L. Anna Leah Grospe, Grand Historian, for providing the pictures for *The Crown & Sword* articles this year.



Front: 2025-26: HL Joji Sayo, GRM and SK JD Hammett, PSRP, GRP Rear: 2024-25: HL Anna Leah Grospe, Gr. Page; SK Elmer Grospe, GRP; HL Cindy Trabinski, GRM and SK Ernesto "Ernie" Sayo. DSRP.



Elmer Grospe receives Unsung Heroes Award presented by H.L Emily Moyer



Grand officers 2024-25

Front Row, seated: HL Joji Sayo, GAM; HL Cindy Trabinsky, GRM; SK Elmer Grospe, GRP; and SK JD Hammett, GAP.

GRAND COURT OF FLORIDA H.L. Ann Marie Williams, DSRM

As we wind down the year of the Heralds and Guardians, Florida is very proud of HL Lara Stucki, GRM and SK Stephen Edson, GRP who will conclude their year at the "BE THE LIGHT SESSION at the World Golf Resort, Saint Augustine, FL May 15-18, 2025.

Congratulations to all the newly elected, installed and appointed officers in Florida. We have a few new first time Royal Matrons and Royal Patrons. HL Shannon Marie Mason and SK Ray Mason, Acacia Court, Jacksonville; HL Diane Pansullo, RM, Daytona Beach Court. Deland; HL Debbie Maust, RM. Suncoast Court, Englewood; H.L. Jane Hoffer, RM, Guelda Cress Court, Belleview and HL Kelly Boeder, RM, Crown Court, Orlando. Also, a first time RM and Jr. Past RM is HL Doreen Watson, Harmony Court. Membership growth is important and we are hopeful to continue that trend.

HL Beth Strayer, GAM and SK Chris Van Duyne, GAP have been eagerly and busily planning their upcoming year filled with exciting Adventures, fun, laughter and smiles. A few of our Amaranth members just returned from Florida Grand Chapter and I'd like to acknowledge them as follows: HL. Kelly Boeder, Grand Esther, HL Gerri Rosenthal, mother-in-law of the Jr. Past WGM, Debbie Rosenthal, (also a member of Amaranth), SK

John Gray, Bearer of the Florida Flag, HL
Cathy Edson, Grand Representative of Alberta
in Florida, escorted by HL Valerie Tooma-
Gray, PGRM



HL Lara Stucki, GRM FL
SK Stephen Edson, GRP FL



GRP Stephen Edson presenting his Gift
To Sister/HL Debbie Rosenthal, WGM and
Bro Mike Clemons, WGP



SK/Bro John Gray,
Flag Bearer



HL/Sister Marjorie "Mamma" Vassie
Choir



HL/Sister Kelly Boeder
Grand Esther FL OES



HL/Sister Gerri Rosenthal



HL/Sister Cathy Edson,
Grand Representative of
Alberta in Florida escorted by
HL/Sister Valerie Tooma- Gray

GRAND COURT OF ILLINOIS H.L. Susan McKinney, DSRM

The Grand Court of Illinois will have official visits in May and June. HL Renee Dempster, GRM, and SK Brian Cox, GRP, are looking forward to reconnecting with their subordinate courts after the long winter of bad weather. HL Barbara Eccles, GAM, and SK Eugene Erickson, GAP, will be starting their Advance Nights in July. Plans are moving forward for our Grand Court Session in October.

The Grand Court of Illinois is very excited for SK Lawrence Knowles, DSRP, for his appointment to be HL Marsha's and SK Bill's Supreme Sentinel for the upcoming year. We will hold his reception in conjunction with our Past Grand's dinner on Thursday, October 16th. We will start our informal/formal opening Friday morning. Look in the next issue of the Crown and Sword for more details about our Grand Court Session!

We look forward to seeing everyone on our travels and reuniting with friends at the

Supreme Session in Arizona in July! We wish HL Elizabeth "Bizzy" Herbolzheimer, SRM, and SK Richard Marsh, SRP, a very successful session.

GRAND COURT OF INDIANA H.L. Sandy Sills Reporter

Indiana has been very busy opening a new Court and it is going great. We are now in the season of installations.

Grand Court is just around the corner. We would love to see many of you come to beautiful Nashville, IN June 4-7. We are doing something special this year on Wednesday night Terre Haute Court 25 is going to open Court as a stated meeting then the Grand Officers will be doing initiation for some new members. The local Court will close the meeting. If you need any information about Grand Court please feel free to reach out to one of our members.

We have many members traveling to many other Grand Courts. Please make yourself known to our Indiana people as we always show that Hoosier Hospitality. Many are making plans to attend Supreme Session also.

We are praying all are staying safe during this crazy weather everyone is having. So far, as we know all have stayed safe here in Indiana with so many tornadoes hitting our state.

GRAND COURT OF OKLAHOMA H.L. Stacey Harris, SH Reporter

Hello Friends! I have some lovely gossip to dish with you this article. Rumore has it that there are three friends traveling around the Amaranth trail that genuinely enjoy each other's friendship and company. These sassy ladies can be found striking a pose whenever a camera is nearby. Look out for a radiant smile and an infectious exuberance that will swipe you up in the fun. Even the Grand Royal Patron can be seen caught in the fun on occasion.



HL Theda Wise, HL Lori Correia, HL Lila Berry



HL Lori Correia, SK Bill Wise, HL Theda Wise, HL Lila Berry

GRAND COURT TENNESSEE H.L. Cindy Brooks, DSRM Reporter

H.L. Kelly Pickering, Grand Royal Matron of the Grand Court of Tennessee, presented a check in the amount of \$850 collected by H.L. Kathy Koller, Grand Royal Matron of the Grand Court of New York, and the Courts of New York to Jeff Idell of AIDNET of Greene County for the 2024 Hurricane Helene flood relief in Greene County.

AIDNET of Greene County, TN, is a 501(c)3 non-profit organization formed in 2001 to assist with local disaster recovery. Activated in 2001, 2011, and now 2024, AIDNET is currently supporting disaster recovery stemming from the aftermath of Hurricane Helene. They are helping the citizens of Greene County, Tennessee, repair and/or rebuild their homes and lives at no charge to them. AIDNET has assisted approximately 60 families recover from the devastation of Hurricane Helene and is still working hard to get the citizens of the community affected by the flooding.

A group of contractors and individuals saw a need in August of 2001 for a nonprofit organization to help people repair and/or rebuild after a flash flood hit the Greene County area. AIDNET was founded due to the flooding. The second time AIDNET was activated was in April 2011 during the Super Tornado outbreak that hit the area.

Much of the money to help with the repairing and rebuilding is raised by local groups, clubs, businesses and individuals. In January, AIDNET received a grant of \$100,000 from the East Tennessee Foundation, a philanthropic organization based in Knoxville, Tennessee.



Pictured left to right are H.L. Kelly Pickering, Grand Royal Matron of the Grand Court of Tennessee and Jeff Idell president of the board of AIDNET of Greene County.

GRAND COURT VIRGINIA H.L. Jennifer Brooks, PRM Reporter

What a wonderful way to start off 2025! We had our subordinate Courts Installations as well as our Job's Daughters and Rainbow youth Installations throughout the month of January, with lots of fellowship and fun in spite of the winter weather. February brought our Grand Court, and it was a wonderful Session! We had GC Bingo, a Polar Plunge, several delicious and fun meals, and so much more. Our GRM, HL Andrea Baez presided with grace and style and the business was accomplished in a timely fashion. SK William Edwards, our GRP did a great job with elections, and we moved on to Installing our Grand Officers for 2025/26. We were excited when HL Bizzy, SRM announced that Virginia's own SK Richard Nochisaki would be Supreme Prelate and HL Meta Nay would be Supreme Diabetes Coordinator for next year!

Our new GRM, HL Kim Erner and GRP, SK Ray Baez jumped right onto the Amaranth trail, visiting South Carolina for their Grand Court and taking their whole Grand Line with them to

Myrtle Beach! Their theme this year is "Butterflies together with Faith, Hope, and Love." In March we had our first School of Instruction with several fun activities such as a Mystery Auction and a "find the Court Room mistakes" game from our Grand Lecturer. Fun and learning was had by all. Our subordinate Courts, as well as our Grand Court, have many planned activities to raise money for diabetes research, to promote awareness of the Order, and to have lots of fun. I hope to see you on the Trail this year!



HL Kim Erner, GRM and SK Ray Baez, GRP



Uncrowning of HL Andrea Baez, PGRM by HL Cherry Costis, PGRM



HL's Andrea Baez PGRM, Sharon Sampsell RM, Billie Moe GC, Lisa Elliott GAC, Ange Malmquist GAM, SK's Clancy Nidell GAP, David Ekren PSRP, HL Kim Erner GRM, SK Ray Baez GRP, LuAnn Sprouse PGRM, Carol Ekren PGRM



Potomac Court Members at a Tea held by Bethel 52, JDIVA HL's Brenna Worthington, Jennifer Brooks PM, Beverly Marsters, Jennifer Mertz PM, Danny Brooks, with Honored Queen Victoria Summers

GRAND COURT WASHINGTON

S.K. Martin Monk, DSRP Reporter

"From Washington, With Love" a year in review. HL Andrea Ames and SK Brian Wheeler were installed as GRM/GRP on March 16, 2024, and hit the ground running. March - May were filled with Court Installations.

One of our focuses was to build stronger relationships with our Masonic Family. Several of our members attended DeMolay convention in May, Grand Lodge, Grand Bethel Session, and OES Grand Chapter in June, and Rainbow Grand Assembly in July.

Washington was well represented at Supreme Sessions in Pittsburgh, PA, and congratulate HL Linda Millo on her election as Supreme Commissioner of Appeal (2025).

On July 20th we enjoyed a BBQ, honoring our GAM Lori Hanson and GAP Jack Hutchins, with a theme of "Love, Amaranth Style!"

The following weekend was a whirlwind, with the Grand Court taking over the Banger Booth at the Scottish Highland Games, and several members enjoying a cruise to Friday Harbor.

In between the traveling, we managed to fit in planning meetings for the Institution and Constitution of Perlas Court #90! 38 new members were initiated on August 3, 2024, followed by the Installation. It was quite an exciting day!

Our Scholarship Benefit was held on August 10th, Campout Aug 19-24, and 1st Annual 5k for Diabetes Aug 31. Many members traveled to the Grand Court of Alaska, Sept 12-14 and the Idaho Unity Meeting Sept 28th. The OV's kept us busy from September - February. The GRM/GRP Reception was on Oct 6th, with samples of WA delicacies and fun activities. The Dill Pickle Club raised money for Diabetes on Nov 16th. Several members attended the Grand Courts of California, Colorado and Oregon.

Washington Grand Court was held in Pasco, WA, March 20-22. The amazing finale of this year was the presentation of a check for \$63,168.36 to the ADF!



Perlas Court #90 Constitution, August 3, 2024



JPGRM Andrea Ames and JPGRP Brian Wheeler



Check presented to ADF - HL Elizabeth "Bizzy" Herbolsheimer the First, SRM, HL Linda Millo, Supreme Commissioner of Appeal (2025), HL Andrea Ames, GRM, SK Brian Wheeler, GRP, HL Dorothy Kippie, PSRM, Supreme Trustee (2025)

CROWN AND SWORD EDITOR H.L. Kim May, DSRM

Lately I've been thinking a lot about love, kindness, and service. To me these are the key foundations of all of the Masonic orders. We are taught to have a heart of service, to love each other, and to be kind. We are part of something that is bigger than ourselves. We have a responsibility to serve. Unfortunately, I think these principles get forgotten by some people. I've seen people solely focus on their own goals or their own motives. They have lost sight of the greater good. They've lost sight of love and service. Lies have replaced kindness. Bullying has replaced love. Revenge has replaced service. Seeing those act like this has made me really think about my time in all the Masonic orders and where my heart is. I know that I always try to come from a heart of service and a heart of love. Seeing others act this way encourages me to rededicate my reasons for doing what I do. I want to be kinder to others. I want to show more love. I want to work more to serve others. I hope that each of you take a moment and remember why you are here. Remember that we need to be kinder because we don't know what another is going through. Remember that once small act of kindness can make all the difference. Remember that we are to love and by love, serve one another.

Be a Voice, not an Echo

ADF Board of Directors' Visit to Yale University

Charlene Tucker, DSRM

President, ADF Board of Directors

Many members from the Amaranth Diabetes Foundation Board of Directors, along with Susan Dishart, Planned Giving Officer and Chelsy Olsen, Planned Giving Manager from the American Diabetes Association, visited two of our research grant recipients at Yale University on Thursday, March 27, 2025. The board heard presentations about research grants we are funding along with a tour of the labs of Megan Baker, MD and William Chang, PhD. Both researchers expressed their appreciation and gratitude for the support that the Order of the Amaranth has given them.

Megan Baker's project focuses on investigating the progression of diabetic kidney disease, aiming to unravel the mechanisms leading to kidney failure. The goal is to develop treatments that specifically target these identified pathways, thereby altering the natural course of the disease. Ultimately, this project holds the potential to contribute significantly towards the prevention and treatment of diabetic kidney disease by offering insights into novel therapeutic targets. (Grant funded through June 30, 2027)

William Chang - Diabetes results in hyperglycemia that damages micro vessels throughout the body. This is known as diabetic microangiopathy and can lead to dysfunction of multiple organs including the brain, eyes, heart, kidneys and nerves. This study will increase the understanding of the biological processes driving diabetes-related small vessel disease, generate new biomarkers to track disease, and establish a platform to potentially test new therapeutics. (Grant funded through June 30, 2025)

Members of the ADF Board and Guests in attendance: Elizabeth "Bizzy" Herbolzheimer, SRM, Richard Marsh, SRP, Emily Moyer, SC, Hollie Dahm Stivers, SAC, Charlene Tucker, President, Miranda Peruso, Vice President, Tiffany St. John, Secretary, Hillary Johnson, Treasurer, Karl Forsberg, Assistant Secretary, Gwen Rochette, Susan Dishart and Chelsy Olsen American Diabetes Association.





QUEEN CHRISTINA'S TABLE
A TABLE LODGE DINNER TO CELEBRATE THE FOUNDER OF
THE ORDER OF THE AMARANTH
PRESENTED BY HAMILTON COURT #2

SATURDAY, MAY 31, 2025, 6:00 P.M.
CHARLES R. HARBEL POST #892, AMERICAN LEGION
4350 WEST STATE ROAD (ROUTE 417), ALLEGANY NEW YORK

Dinner and Event Cost is \$59.00 per couple (or a pair of singles), singles are \$35.00

All are welcome to attend, including friends and guests.

Business attire please.

Dinner will consist of 4 courses (appetizer, salad, entrée and dessert) and 7 toasts,
includes a souvenir toasting glass.

VIP's will be called upon for remarks.

Special presentation

Basket Auction to follow.

Send Checks made out to Hamilton Court #2, c/o Bruce Kenney
2699 West River Road, Olean, New York 14760

Reservations by May 16, 2025 please

SUPREME DIABETES COORDINATOR
H.L. Miranda Peruso

Let's Celebrate a Cure! There is still time to purchase this year's Supreme pin and pendant to support the Amaranth Diabetes Foundation. Both items measure 1.25" x 1" and cost \$5 each. The pendant comes with a chain included as a gift. This year's image is of an angel and is perfect for members and non-members alike. To see a photo, please go to the Supreme Council Website and click on the Supreme Diabetes Coordinator area.

You can order using the form and then payment can be made in the following ways:

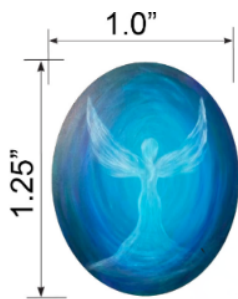
Checks may be made payable to Elizabeth Herbolzheimer.

PayPal Bizzy at bizalet@hotmai.com

Venmo @BizzyH (if you select Venmo, please be sure to hit the "See more people" at the bottom and then search until you find Elizabeth Herbolzheimer with Bizzy's picture among the options).

You can mail checks (made payable to Bizzy) and/or order forms to H.L Miranda Peruso at 11080 Piney Ridge Road, Huntingdon, PA 16652 or email her at mperuso@gmail.com.

For additional information, please contact H.L. Miranda Peruso, Supreme Diabetes Coordinator, at mperuso@gmail.com or 814-599-4300. Please put Diabetes Pins/Pendants in the subject line when emailing.



Let's Celebrate A Cure!

2024-2025 Supreme Diabetes Coordinator Items Pin, Pendant, Passport Options

The brand new Angel image shown above is exclusive to ADF and was designed by Sarah Hunter, artist and wife of SK James Kuhns and daughter-in-law of SK George and HL Sandi Kuhns. Sarah also created the Serenity Dove image for HL Mary Wyatt's pin and pendant that will also be available again this year.

All Pins and Pendants measure 1.25" x 1" and cost \$5 each. The pendant comes with a chain included as a gift.

Special Collectors Set includes Angel and Serenity Dove Pin or Pendant for \$10.

Passports are \$5 each.

Name _____ Jurisdiction _____

Phone _____ Email _____

Address _____

City _____ State/Province _____

Postal Code _____ Country _____

Item	Quantity	Price	Total
Collector Set – Angel Pin/Serenity Dove Pin		\$10	
Collector Set – Angel Pendant/Serenity Dove Pendant		\$10	
Angel Pin		\$5	
Angel Pendant		\$5	
Serenity Dove Pin		\$5	
Serenity Dove Pendant		\$5	
Passport		\$5	
Domestic Shipping*		\$3/10 items	
Grand Total			

*International Shipping will have an additional charge.

Payment Methods

_____ Check (made payable to Bizzy Herbolsheimer)

_____ Venmo (@BizzyH)

_____ PayPal (bizaeth@hotmail.com)

Distribution

_____ I will be attending _____ and will pick my order up there.

_____ A member of my jurisdiction will be attending _____ and will pick my order up at that event.

Member name who will pick up order: _____

_____ Please ship my order.

You can either mail your order form to **HL Miranda Peruso, Supreme Diabetes Coordinator at 11080 Piney Ridge Road, Huntingdon, PA 16652** or email it to mperuso@gmail.com. If emailing, please mark *Supreme Diabetes Project* in the subject line.

Supreme Itinerary		
May 2025		
May 1-3	New Jersey Grand Court	SAC
May 5-7	Philippines Grand Court	SRM
May 8-10	Arizona Grand Court	SRM
May 8-10	New York Grand Court	SAM
May 15-17	Ohio Grand Court	SRM
May 15-17	Florida Grand Court	SAM
May 29-31	Oklahoma Grand Court	SRM
June 2025		
June 5-7	Indiana Grand Court	SRM



Guidelines for Submitting Articles to The Crown & Sword

§ **ARTICLES** may be submitted on paper by mail, or via email, to the EDITOR. All copy should be typewritten and single spaced on 8 ½ x 11 ½ “white paper. The name, address, and title of the Authorized Representative doing the submitting must be included. Please use only a single space between sentences and a single line space between lines. **Articles should be a maximum of 300 words per Jurisdiction.** The editor has the authority to edit the article to conform to size requirements.

§ **DATES:** Articles should be timely with reference to the publication date. All articles must be submitted by or through the Authorized Representative of your Jurisdiction. Articles **MUST be received by the Editor by the 10th of the months of JANUARY, APRIL, JULY, and OCTOBER.** This deadline will be complied with firmly. Please do not include Grand Royal Matron’s detailed itineraries, names of members who are or have been ill or have died. DO NOT send any articles for publication in the Crown and Sword to the Supreme Secretary. The Supreme Publication Committee gives the Editor the right to fill unused, available space.

§ **PHOTOGRAPHS** are encouraged and can be either color or black and white. However, **people and situations MUST be identified.** Emailed photographs should be in .jpg format and sent as separate files, i.e., attachments, not as part of the message.

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§ **DEADLINE** for articles for the next issue is **July 10, 2025!**

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Send subscription fees and form to the Supreme Secretary (address below) or your jurisdictional Crown and Sword representative.

Patti Baker, Supreme Secretary
9100 W. Jewell Ave, #105
Lakewood, CO 80232-6466
supremesecretary@amaranth.org

Trivia Answers: 1971, Nana, Aurora (Sleeping Beauty), Oswald the Lucky Rabbit, No Worries, Pixie dust, Hot dog!

Ms. Patti Baker, Supreme Secretary
Supreme Council, Order of the Amaranth, Inc.
9100 W. Jewell Ave. #105
Lakewood, CO 80232-6466

AMARANTH FIGHTS DIABETES

We invite you to visit our web page, <http://www.amaranth.org>
"Order of the Amaranth"

MEMBER:

The Crown and Sword Newsletter Publication Data.

The Crown & Sword is published four times per year by the Supreme Council, Order of the Amaranth, Inc.
Contact the Supreme Secretary at the address given above or the Guidelines page.

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