



We are thankful to people like you who have helped to fund research to find a cure for diabetes. Many people have asked about giving donations through their individual retirement account (IRA) and we are happy to share a way that allows you to continue to give to the Amaranth Diabetes Foundation, Inc. that could help you save on taxes.

For those aged 70½ and older, there is a special provision that allows you to make what is known as a qualified charitable distribution (QCD) directly from your IRA. If you have a traditional IRA, you can make gifts to the Amaranth Diabetes Foundation, Inc. using funds that might otherwise be taxed and can be withdrawn (up to a total of \$111,000 per individual per year or \$222,000 per couple with separate IRAs in 2026).

Step 1 – Request the gift to the Amaranth Diabetes Foundation, Inc. directly from your IRA.

Contact your IRA administrator to see if they have a specific form, or use our sample letter on the flip side of this paper, entitled, From Plan Owner to IRA Plan Administrator, by simply filling in the blanks:

1. Enter today's date, the name and address of your IRA custodian/administrator, and your IRA account number and include your phone number or email address.
2. Note the amount you wish to transfer to the **Amaranth Diabetes Foundation, Inc.**
3. Sign the letter, print your name as the "Plan Owner", and include your return mailing address.
4. Confirm your administrator has the ADA's current address:

Amaranth Diabetes Foundation, Inc.

Attention: Miranda Peruso
11080 Piney Ridge Road
Huntingdon, PA 16652

Step 2 – Let us know your gift is on its way so we can thank you with a tax acknowledgement.

Call 814-599-4300 anytime and leave a message, or email adf_inc.board@amaranth.org.

Step 3 – Make a difference in the lives of people living with diabetes.

Your generosity is appreciated by over 136 million people affected by diabetes and prediabetes.

Thank you for your generous support of the Amaranth Diabetes Foundation, Inc.

NOTE:

It is recommended that you consult your tax advisor and that this letter to your IRA plan administrator be sent no later than December 13, 2026 to allow for processing and receipt by the Amaranth Diabetes Foundation, Inc. on or before December 31, 2026.

FROM PLAN OWNER TO IRA ADMINISTRATOR

DATE

IRA PLAN ADMINISTRATOR

ADDRESS

CITY

STATE

ZIP CODE

RE: Request for Charitable Distribution from Individual Retirement Account

Dear IRA Plan Administrator:

Please accept this letter as my request to make a direct charitable distribution from my individual retirement account (IRA) # _____ pursuant Sec. 408(d)(8) of the Internal Revenue Code of 1986, as amended. I am 70 ½ years old or older.

Please issue a check in the amount of \$ _____ payable to:

☐ Amaranth Diabetes Foundation, Inc. (FEIN 59-3679916)

And, mail it as soon as possible, but for processing in 2026 to arrive no later than December 13, 2026, to:

Amaranth Diabetes Foundation, Inc.

Attn: Miranda Peruso
11080 Piney Ridge Road
Huntingdon, PA 16652

Please include my name and address as the donor of record with this transfer.

If you have questions, please contact Miranda at 814-599-4300 or adf_inc.board@amaranth.org.

Sincerely,

SIGNATURE - OWNER NAME

PRINT - OWNER NAME

ADDRESS (to send gift acknowledgement)

CITY

STATE

ZIP CODE

TELEPHONE NUMBER(S)